

# Essentials Wheel & Electives

# Sample Schedules

[Option A] Full Essentials Wheel				
Period 1	English/Language Arts			
Period 2	Social Studies			
Period 3	Math			
Period 4	Science			
Period 5	Health/Fitness	Computer Literacy	Cultures	
Period 6	Art	Tech Smart	Leadership	Drama

[Option B] Small Essentials Wheel + Yearlong Elective			
Period 1	English/Language Arts		
Period 2	Social Studies		
Period 3	Math		
Period 4	Science		
Period 5	Health/Fitness	Computer Literacy	Cultures
Period 6	Choose ONE: Band/Choir/Orchestra/Spanish/AcLab		

# Yearlong/Semester Electives Teachers



*Mr. Meucci - Band/Orchestra*



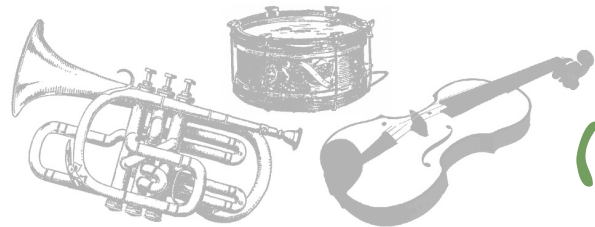
*Sra. Buhler - Spanish*



*Ms. Lin - Choir*



*Mr. Guidon & Mr. Horswill - Health/Fitness*



# Music (Year-long electives)



## CADET BAND

### 6th GRADE ORCHESTRA

Mr. Meucci ( [dmeucci2@nsd.org](mailto:dmeucci2@nsd.org) )

Primarily for students that are currently participating in the elementary band/strings program

Continue to improve your musical skills

Perform concerts for your peers, friends, and families

Students that will be NEW to playing an instrument are STRONGLY encouraged to take private lessons over the summer to catch up.

Questions? Email Mr. Meucci ( [dmeucci2@nsd.org](mailto:dmeucci2@nsd.org) )

## CHOIR

Ms. Lin ( [ylin@nsd.org](mailto:ylin@nsd.org) )

For any students who love to sing or who wants to sing!

Learn to sing and read music with your friends.

Perform concerts for your peers, friends, and families.

Sing a wide variety of music from diverse cultures and genres including traditional, classical, and modern styles.

Questions? Email Ms. Lin ( [ylin@nsd.org](mailto:ylin@nsd.org) )



# ***6TH GRADE HEALTH AND FITNESS***



## **6<sup>TH</sup> GRADE HEALTH**

6<sup>TH</sup> graders will participate in health education instruction in a classroom environment. The topics covered will include: Health Overview (definition of health, triangle of health, personality, self-esteem, healthy relationships, conflict resolution, stress management, Harassment/Intimidation/Bullying, and internet safety), Basic Nutrition (importance of hydration, caloric intake/expenditure, sugar consumption), Refusal Skills (S.T.O.P Model), and Adolescent Development (Social, Mental, Physical, & Emotional Changes).



## ***PARTIAL LIST OF ACTIVITIES!***

- ★ ***ARCHERY***
- ★ ***BASKETBALL***
- ★ ***LOW ORGANIZED GAMES***
- ★ ***TABATA***
- ★ ***VOLLEYBALL***
- ★ ***FLAG FOOTBALL***
- ★ ***FITNESS ACTIVITIES***
- ★ ***SQUARE DANCE***
- ★ ***BADMINTON***
- ★ ***PICKLEBALL***
- ★ ***FLOOR HOCKEY***
- ★ ***BOWLING***



# Essentials Wheel Teachers (Quarter classes)



*Mr. Sander - Tech/CAD*



*Mrs. Molitor - Computer Science*



*Mrs. Olson - Leadership*



*Mrs. Flowers - Cultures/PE*

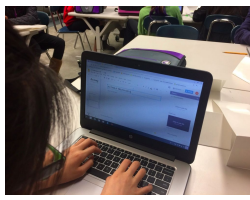


*Mrs. Hurley - Art Studio*



*Mr. Poage - Drama*





## 6th grade - Computer Literacy -

Purpose: All 6th graders will have a solid understanding about computer usage, applications, and knowledge of correct typing procedures.

### Applications:

Typing Club, Microsoft Suite (Word, Excel, Powerpoint), Google Suite (Docs, Slides, Sheets), Photoshop, Introduction to Rhino

### Projects:

resumes, spreadsheets, presentations, advertising, marketing, technical drawing

### Individual and group work expectations:

Cooperative, polite, and fair

### Classroom Climate:

We will be very much focused on our 3 Pillars - Respect, Empath, and Effort. Students will be expected to implement these behaviors consistently and on a daily basis.

### Fun!!!

Computer Literacy will be challenging and rigorous, but most of all it will be fun!





# *Cultures*

**Class Objective:** The goals of 6th grade Cultures is to:



Gain a general understanding of the diversity and variety of cultures influencing the world today



Promote the acceptance & respect for others opinions, values & cultures



Understand & use vocabulary appropriately in regards to culture



Designed to stimulate questions about identity and culture and how they relate.



# Sixth Grade Leadership:

*Empower yourself & others to do great things!*

## Course Content:



- **Effective Listening (#1 goal!), “yes, and,”** paradigms/paradigm shifts, principles of synergy
- Designing effective solutions to problems
- Crash course in careers/finance as part of “beginning with the end in mind” (Covey)
- “TED-Quality” (correctly sourced & cited) slides; basic presentation skills
- Service learning at Leota (“Green Schools”)

# 6th Grade Drama



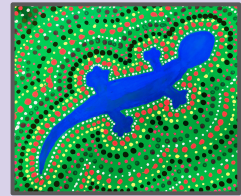
## What to expect:

- ★ **Performance Skills**
  - Theatre games
  - Role playing & Character Development
  - Improvisation
  - Voice & Movement practice
  - Small group & partner skits
  - Teamwork
- ★ Public Speaking Skills
- ★ Nonverbal communication
- ★ Theatre Vocabulary & Etiquette
- ★ Stage Directions & Parts of a Theater
- ★ Small Group Performances in Class
- ★ Participation in the school Drama Club is highly encouraged!



# Art Studio

- A variety of art media and projects
- Generate and conceptualize ideas
- Organize and develop projects
- Refine and complete art work
- Apply criteria to artistic work
- Self-evaluations
- Teacher evaluations



## 6th grade - CS100: TechSmart Kids (Python coding)

This course is an introduction to computer science and coding in Python, a professional programming language widely used in the software industry. You will learn fundamental computer science concepts and code interactive programs and games.

This course utilizes the TechSmartKids Computer Science curriculum. All course materials and assignments are accessed through the TechSmartKids Student Platform. Computer support at home is sometimes necessary.

Computer science concepts taught in this class include:  
Statements & Variables, Expressions, Conditionals (If, Else), Debugging

## ***Tips for SUCCESS!***

- ★ Check your student's planner and teacher websites
- ★ Encourage your student to be a self-advocate
- ★ Email the teacher if you have a question or concern
- ★ Create a quiet area for studying
- ★ Encourage organization -- help them with their binder!

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