



February 5, 2021

Dear Leota Families,

Happy Friday Team Leota! We started the day today with a Parent Meet and Greet with Dr. Reid. Thank you to those that were able to make it and for the incredibly thoughtful questions. I know everyone is busy, which makes it even more special that you took time out of your morning to spend it with us. After the Meet and Greet, Dr. Reid, Mr. McNiel and I were able to visit each classroom during 4th and 5th periods, followed by a lunchtime visit with several of our students. It was a very special time for them to voice their feelings, ask great questions, and have an opportunity to meet Dr. Reid. It never ceases to amaze me how kind, articulate, and thoughtful our students are. I know how amazing they are, but when I have the opportunity to talk with students personally, I'm even more awestruck. Thank you for sending us the best of the best!

As always, below are some of the wonderful things happening, or coming up, around campus:

8th Grade Registration – February 10th (4th period): Please mark your calendars and be sure to have your child **attend 4th period in person on Wednesday, February 10th**. Both NCHS and WHS will be in 4th period classes presenting registration information and walking students through how to register online for high school. The dates below are important and your child should attend in person if possible to get the support they need and to ensure they get registered properly for high school:

- **February 10th – 4th period (8:30am→)** – Registration Presentations for NCHS & WHS
 - Students will be given a unique Zoom login in 4th period that will take them to their corresponding high school presentation
- **February 25th – WHS & NCHS Virtual Parent Nights** (you will receive information from your child's high school with the details)
- **March 3rd – 4th period (8:30am→)** – Registration Due for NCHS & WHS
 - Students will be given a unique Zoom login in 4th period to meet and finalize their registration by getting it checked off by high school counselors

Leota's 2021-2022 School Year Registration: Registration for students who will be attending Leota next school year will occur in early March. Be watching for more information to come after mid-winter break.

Stu Cabe – “Big Elephant” Assembly: We had our final assembly with Stu Cabe on Wednesday. His big elephant message is so powerful. I hope you get a chance to talk with your child about the important message he shared. We know we have many “big elephants” at Leota who always seek to do what is kind and right!

Leota Family Survey: Your partnership with us matters and we want to hear from you. Your voice will help us hone our work, making adaptations where needed. If you haven’t yet done so, please [click here](#) to access our survey. While we know we cannot change or fix everything, we know we can always do and be better. Your input helps us do so. Thank you!

Calling for Yearbook Photos: Please send pictures of your Leota student engaged in any activity--wearing a mask, doing a craft, participating in sports, playing an instrument, or anything else that might be interesting. We would love to feature your student in the yearbook! Please email any pictures to leotamsyearbook@nsd.org.

Last Chance to Buy a Yearbook: Our final day to purchase a yearbook for the 2020-2021 school year is **February 21st**. Our Yearbook Club is compiling an amazing yearbook, even during a pandemic, which will be treasured for years to come. For a multitude of reasons, we will not have extras at the end of the school year, so don’t miss out and be sure to buy one now!

PTSA February Staff Appreciation – The entire Leota staff want to extend a huge “thank you” for the February Staff Appreciation goodies from PTSA. We are so grateful for your thoughtfulness! Kind acts like these lift our spirits and keep us going. We are grateful!!

Wishing you a wonderful and safe weekend.

Warmly,

Audee Gregor
Principal

Happy Friday to you! In this weekly bulletin, you will see:

- Next Week at Leota
- A Message from the School Nurse
- Yearbook Sales
- Drama Club Spring Musical Auditions
- Leota PTSA Weekly Update



Next Week at Leota	
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Feb. 8	Periods 1, 2, 3
Feb. 9	Periods 4, 5, 6
Feb. 10	Period 4 (8:30-9:00am) Check-in & Students Complete Working Wednesday Plan 8 th Gr Registration Presentations from NCHS/WHS in 4 th Period Classes Library Book Check out (11:00am-2:00pm) Early Release-School Day Ends at 1:35pm
Feb. 11	Periods 1, 2, 3
Feb. 12	Periods 4, 5, 6



A message from the
**SCHOOL
NURSE**

COVID 19 Vaccines: ** WHAT****WHO****HOW****WHERE**

WHAT:

The two COVID 19 vaccines that have been authorized for use are from Pfizer and Moderna and are mRNA vaccines. mRNA vaccine technology has been studied and worked with for decades. There is no virus in the mRNA vaccines, so you cannot get a COVID-19 infection from the vaccine. Instead, mRNA vaccines give our cells instructions to make a harmless protein—one that looks just like an important protein on the COVID-19 virus. When your cells make that protein, your body creates a strong immune response and antibodies to protect against COVID-

19. More info on the vaccines can be found in the following links, available in multiple languages:

- <https://www.kingcounty.gov/depts/health/covid-19/vaccine/FAQ.aspx>
- <https://www.cdc.gov/coronavirus/2019-ncov/vaccines/different-vaccines/mrna.html>
- Depending on the site that is administering the vaccine, you may not be given a choice of which vaccine you receive (Moderna or Pfizer). There are little differences between the two and both require two doses: Moderna's second dose is given at 28 days and Pfizer's second dose is given at 21 days.

WHO:

King County is currently in the state's **Phase 1a and Phase 1b, Tier 1** for vaccine distribution. The full distribution plan can be found at the following links:

- <https://www.doh.wa.gov/Portals/1/Documents/1600/coronavirus/SummaryInterimVaccineAllocationPrioritization.pdf>
- <https://www.kingcounty.gov/depts/health/covid-19/vaccine/distribution.aspx>
- <https://www.doh.wa.gov/Emergencies/COVID19/vaccine>

As of January 18, 2021, Washington State Department of Health has opened vaccine distribution through Phase 1b, Tier 1. This means:

Vaccination is currently open for people who are:

- **Eligible for Phase 1a:** all workers at risk of acquisition or transmission of COVID in healthcare settings; long-term care facility staff and residents; and home health and care aides.
- **Eligible for Phase 1b, Tier 1:**
 - Age 65 years and older
 - Age 50 and older if they live in a household where two or more generations live, (such as an elder and a grandchild), and meet these qualifications:
 - Cannot live independently and receives support from a relative or caregiver (paid or unpaid) or someone who works outside the home
 - Lives with and cares for a young child, like a grandparent with a grandchild.
- Additionally, if you have had COVID 19 in the past, you should still get the vaccine if it has been at least 90 days since infection (or monoclonal antibody treatments for COVID 19).

HOW:

For now, both vaccine supply and appointments are still limited. You may experience delays due to the very high volume of inquiries. This will get easier as other providers receive more doses and high-volume vaccine sites open in our region (Puget Sound Region). Everyone will be eligible to receive the COVID-19 vaccine over the coming months. However, due to limited vaccine supply, the vaccine is provided in phases, starting with those at highest risk.

- **Call your doctor's office or health care provider** to see if they have available vaccination appointments. *Reach out to your health care provider if you have any health concerns that you feel may prevent you from getting the vaccine* (ie; prior history of severe allergic reactions to other vaccines, history of other severe allergic reactions which required the use of an Epinephrine Pen, allergies to PEG/polysorbate ingredients

found in the COVID vaccine, underlying health conditions that suppress your immune system).

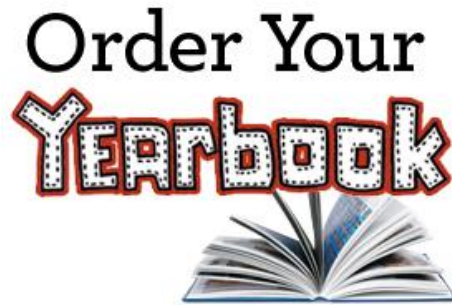
- **[www.FindYourPhaseWA.org](https://www.findyourphaserwa.org)**. If you don't have a health care provider or if your provider doesn't have vaccine available, check your eligibility to receive COVID-19 vaccine by visiting the Phase Finder web form. Washington State's Phase Finder online tool can confirm your eligibility and provide you with a list of possible vaccination locations. Phase Finder is only identifying if you are eligible for either Phase 1A or Phase 1B, Tier 2 at this time.
 - *If you are eligible using the Phase Finder, you should print or use the screen shot of the confirmation page from Phase Finder. And you should be prepared to share that confirmation along with an identification card to the vaccine provider as proof of eligibility.*
- If you can't use the online Phase Finder tool and have no one to assist you, you can get help over the phone from Washington state's COVID-19 Assistance Hotline: Dial 1-800-525-0127, then press #. Available Monday-Friday, 6 a.m. to 10 p.m. Saturday, Sunday, and [observed state holidays](#) 8 a.m. to 6 p.m.

WHERE:

Locations for getting the COVID vaccine are concentrated at local hospitals/health care systems at this time with expansion into high volume vaccination sites, pharmacies and pop-up clinics coming soon in King and Snohomish counties.

- The Phase Finder can help direct you the most quick and easy way to available vaccine sites if you are determined eligible to receive the vaccine.
- When making appointments to get the vaccine, the appointment is made at the same time for both doses to be given at the correct interval (Moderna at 28 days, Pfizer at 21 days).
- A list of organizations administering vaccines is available by county through the link listed here. Note inventory varies daily for these providers so please understand if they do not have vaccine available. Phase Finder eligibility criteria may apply to make an appointment.
Link: <https://www.doh.wa.gov/YouandYourFamily/Immunization/VaccineLocations>
- Most locations are NOT accepting walkups currently, so call ahead before venturing out to a vaccine location.

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dpark@nsd.org



Leota Yearbooks on Sale

You can purchase your student's Yearbook online starting Monday 2/1/21 – 2/21/21. The cost this year is \$20 and your student will be receiving their Yearbook in the Spring. If this is a financial hardship for your family at this time please let your student's counselor know, there is funding available. Please use this link to pay for your yearbook: [Online Payments](#).

Thank you and if you need help with your online Touchbase information please contact Mrs. Spencer @ 425 408 6503.



LMS DRAMA CLUB SPRING (VIRTUAL) MUSICAL AUDITIONS!!!!

Please direct any questions to our Drama Club Advisor Mr. Poage @ dpoage@nsd.org.

Spring Musical Important Dates:

- **Audition Submissions for Spring Musical** - January 28th-February 8th (see LMS Drama Club Webpage for details).
- **Callback Auditions** - February 11-15th (Students called back will be notified by director and audition appointment will be scheduled).
- **Spring Musical Rehearsals** - February 22nd - April 8th (T/W/Th's after online classes - Scheduled individually with director. Full Rehearsal Schedule TBD).
- **Spring Musical Tentative Release Date** - April 8th

Leota Office Contact Info

Office Manager :	Felicia Casolary: fcasolary@nsd.org
ASB Secretary:	Melanie Spencer: mspencer@nsd.org
Attendance Secretaries:	Barb Roetcisoender: broetcisoender@nsd.org ; Patricia Bong: pbong@nsd.org
Attendance Email:	Lmsattendance@nsd.org
School Registrar:	Mary Hayes: mhayes@nsd.org
School Nurse:	Deb Park: dpark@nsd.org
Principal:	Audee Gregor: agregor@nsd.org
Assistant Principal:	Bryan McNiel: bmcniel@nsd.org

LEOTA PTSA Weekly Update

February 5, 2021

Upcoming Events

3/5	Officer Nominations are Now Open Please contact us to find out more information or let us know your interest by March 5 th .
3/10	PTSA General Meeting with Officer Elections (@ 7pm-7:15pm)
3/10	PTSA Community Café teams up with Professional Chef Sam Spiva to make PIZZA He will demonstrate how to make pizza night something special. Includes both regular and cauliflower pizza dough recipes. (@ 7:15pm)
3/17	Career Day: Details coming soon.
	Contact for Staff Appreciation: staffappreciation@leotaptsa.com
	Contact for Science Olympiad Club: scienceolympiad@leotaptsa.com
	Contact for Math Olympiad Club: matholympiad@leotaptsa.com . Go to www.leotaptsa.com to sign up for communications and register for upcoming competitions.
	Contact the PTSA board: contact@leotaptsa.com

PTSA Mission: Make Every Child's Potential A Reality!

Officer Nominations Now Open: Due by March 5



Election Positions include: President, Vice President, Secretary, Treasurer

Do you enjoy leading teams of people that want to make a difference in our kid's lives? There are many ways to do this that fit the time schedule you have. Contact us to find out more at contact@leotapta.com. We have a fabulous and talented group of leaders that are ready to welcome you.

Your PTSA Advocates for ALL Kids!

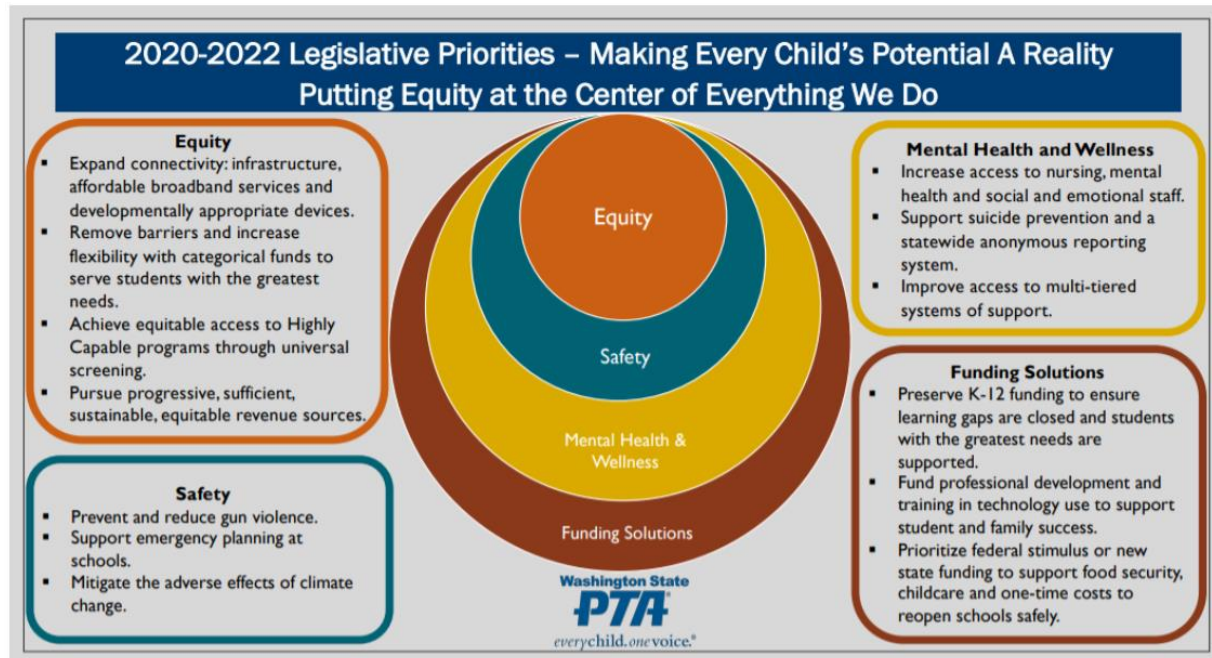
Advocacy is at the heart of Leota PTSA!

- ✓ Mark your calendar for the upcoming *virtual* PTA Focus Day on January 18th, 2021. This event is a great opportunity for parents and students to directly speak to legislators!
- ✓ Sign up for advocacy information and action alerts through the [WSPTA Action Network Group](#). These action alerts are quick, easy ways to communicate with our legislators on topics they are actively working on.
- ✓ Visit our [Leota PTSA Advocacy webpage](#) to find more resources and learn about additional ways to get involved.

Advocacy at the District and State Levels

Attend a School Board Meeting! usually held on the second Monday of the month at 4pm and the fourth Monday at 7pm. [Click here for more info.](#)

Contact your state legislators: Find and contact your local Washington State Legislators at <https://app.leg.wa.gov/DistrictFinder/>



Make your volunteers hours count!

Did You Know Your Company May Donate When You Volunteer?

Many companies will donate for hours volunteered in addition to matching financial donations. Please check with your company to see if you have a “dollars for doers” or similar volunteer hours matching program and take a few minutes to register your hours towards a Leota Middle School PTSA donation.

Amazon Smile is Also A Great Way to Donate

Visit <https://smile.amazon.com/> all year long, every time you are making purchases with Amazon. Whenever a purchase is made with Leota PTSA as the beneficiary, Amazon will send us a donation. Be sure to select Leota PTSA as your beneficiary.

Join the Leota PTSA Volunteer and Info Facebook Group

Join our Leota PTSA Volunteers and Info closed Facebook group if you would like to hear more about volunteer opportunities:

<https://www.facebook.com/groups/LeotaPTSAVolunteers/>.

There is no requirement to volunteer. By joining, we hope you feel part of the Leota parent community and are better informed about what is happening at our school.



2020-21 CHAMPION SPONSORS (\$500+)

ELIZABETH SWAN

SYLVIA BAGLEY

JIM HANNA

2020-21 HERO SPONSORS (\$350 - \$499)

NASOS KLADAKIS

2020-21 FRIEND SPONSORS (\$250 - \$349)

LONNIE LONG

CARRIE MCKENZIE

KRISTEN WILEY

YAN CHEN

2020-21 AMAZING DONORS

\$100-\$249

Srividhya Mahalingam
Mohamad Saleem
Susan Carr
Carol Mazzoncini
Patricia Simpson
Brenae Brix
Sue Lohman
Tambi Wille
Alycia Roach
Karen Check
Jane Flaherty
Kelly Peterson
Nina Karamehmedovic
Douglas Lay

Maurice Carson
Ingrid Gooding
Teru Morimura
Shih-kai Lai
Ravi K Krishnamaneni
John D Deehr
Beth Bishop
Saravanan Murugesan
Chad Gustafson
Donna L. Clinton
Aaron Moreau-Cook
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Cuong Mai
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Anissa Wheeler
Fleur Tanner
Tracy Dulas
Whitney Glaser
Val Kok
Tina Shriner
Meenu Kallar
Sujata Banerjea
Christine Puniesto
Heather Kostner
Juliana Omli
Shawn Graves-Macleod
Karla Pak



Thank You for Your Kindness