

This Planner Belongs To: $\qquad$
Grade: $\qquad$

Leota is a positive place to learn, work, and succeed...commit to excellence!

This book belongs to:
WELCOME TO LEOTA MIDDLE SCHOOL

This handbook is for you, the student. It is designed to help you be successful at Leota. Your middle school years should provide a challenging, meaningful, and exciting educational experience. What you learn during these years will directly reflect your own effort and involvement. Leota offers you an excellent curriculum taught by an outstanding faculty. The rest is up to you, and we challenge you to do your very best, both in and out of the classroom.


Semester 1

| Course | Teacher | Rm. | Comp/ <br> Calc. \# |
| :--- | :--- | :--- | :--- |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |
| 6. |  |  |  |
| Pride |  |  |  |

Semester 2

| Course | Teacher | Rm. | Comp/ <br> Calc. \# |
| :--- | :--- | :--- | :--- |
| 1. |  |  |  |
| 2. |  |  |  |
| 3. |  |  |  |
| 4. |  |  |  |
| 5. |  |  |  |
| 6. |  |  |  |
| Pride |  |  |  |

## Transportation Information:

Bus \# to school: $\qquad$ Bus \# home: $\qquad$ Activity Bus\#/Stop: $\qquad$
$\qquad$ Web Group Leader Name: $\qquad$

## Online Textbook Information:

| Period 1: | Password__ |
| :--- | :--- |
| Period 2: | Password__ |
| Period 3: | Password__ |
| Period 4: | Password__ |
| Period 5: | Password__ |
| Period 6: | Password |

## Other Important Passwords:

| Other | Password |
| :---: | :---: |
| Other | Password |
| Other | Password |
| Other | Password |
| Other | Password |
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| Other | Password |

Daily Schedule for Online Learning

|  | Monday/Thursday | Tuesday/Friday | Wednesday |
| :---: | :---: | :---: | :---: |
| 7:30-8:30 | Special Services Optional FLEX Time |  |  |
| 8:30-8:50 | Homeroom <br> in Period 1 <br> Making Connections | Open Office Hours | 8:30 in Period 4 <br> Synchronous Attendance Asynchronous Wake-Up \& Learn iReady, ELA \& Math (Due: 9pm) |
| 8:50-9:20 <br> Direct Instruction and Intervention |  |  | $9: 00 \mathrm{am}-11: 50 \mathrm{am}$ <br> Synchronous and Asynchronous |
| 9:20-9:50 <br> Guided Practice and Intervention | Period 1 | Period 4 | on Student Need: <br> - Open Office Hours <br> - Extensions |
| $9: 50-10: 10$ <br> Intervention |  |  | - Social Emotional Learning <br> - Social and Racial Justice Seminars |
| 10:10-10:30 | Student Break |  | - Specialist/Intervention <br> - Student Connections |
| 10:30-11:00 <br> Direct Instruction and Intervention | Period 2 | Period 5 | - Counseling Support <br> - Club Time |
| 11:00-11:30 <br> Guided Practice and Intervention |  |  |  |
| 11:30:11:50 <br> Intervention |  |  |  |
| 11:50-12:55 | Lunch / Student Break |  |  |
| $12: 55-1: 25$ <br> Direct Instruction and Intervention | Period 3 | Period 6 | $12: 55 \mathrm{pm}-1: 35 \mathrm{pm}$ <br> Synchronous and Asynchronous Instructional Content Delivery Based on Student Need: <br> - Open Office Hours <br> - Extensions <br> - Special Services <br> - Social Emotional Learning <br> - Social and Racial Justice Seminars <br> - Specialist/Intervention <br> - Student Connections <br> - Counseling Support <br> - Club Time <br> Early Release Wednesday 1:35-3:05 |
| $1: 25-1: 55$ <br> Guided Practice and Intervention |  |  |  |
| 1:55-2:15 <br> Intervention |  |  |  |
| 2:15-3:05 | Synchronous and Asynchronous Instructional Content Delivery Based on Student Need: Open Office Hours <br> - Extensions <br> - Special Services <br> - Social Emotional Learning <br> - Social and Racial Justice Seminars <br> - Specialist/Intervention <br> - Student Connections <br> - Counseling Corner <br> - Club Time |  |  |
| 3:05-4:05 | Special Services Optional FLEX Time |  |  |

## LEOTA EXPECTATIONS MATRIX

| Leota Lions <br> In all areas show: | Hallways | Classrooms <br> (Includes Gym \& Library) |
| :---: | :---: | :---: |
| Respect <br> Respect yourself, others, \& this place | - Keep hallways clean <br> - Walk on the right and keep moving | - Follow classroom rules <br> - Active Listening <br> - Listen to understand <br> - Ask questions <br> - Track the speaker |
| Empathy <br> Use kind words \& actions | - Encourage and support others <br> - Make space for others to pass | - Offer and accept help <br> - Include all peers |
| Effort <br> Do your best | - Follow enter/exit door signs <br> - Get your tasks done \& move to your destination <br> - Take the most direct route | - Come prepared to class <br> - Be Responsive / Engaged <br> - Seek Clarification |


| Restrooms/ Locker Rms. | Cafeteria | Buses |
| :---: | :---: | :---: |
| - Be mindful of others' personal space and property <br> - Clean up after yourself | - Clean up after yourself (plus one) <br> - Listen to the announcements <br> - Be mindful of others' personal space and property | - Follow all bus rules <br> - Keep the bus clean <br> - Thank your driver |
| - Take care of yourself and others <br> - Be quick <br> - Help with stuck locks <br> - Be understanding of the comfort level of others | - Invite others to sit with you <br> - Remember everyone needs to eat, wait patiently | - Be kind to your neighbors <br> - Invite others to sit with you <br> - Immediately and accurately report problems |
| - Wash hands <br> - Get dressed on time <br> - If you see something not right, say something | - If you see a need, meet it <br> - Sort compost, recycling, trash correctly | - Follow all bus rules <br> - Be a problem solver |

Leota Campus Map And Emergency Evacuation Routes


## BASIC SURVIVAL INFORMATION

The information below is subject to change due to COVID-19 health department regulations and social distancing requirements. Any changes will be communicated to students and parents as they occur.

## ACTIVITY BUSES

On Mondays, Tuesdays, Thursdays and Fridays there are two activity buses that leave Leota at 4:40 and travel the service area. They will let you off in the general vicinity of where you live. The bus route maps are in the main office and locker rooms. You must be involved in a sport or other supervised school activity to ride the activity bus. You may not leave campus and return to ride the activity bus home. Activity bus passes are required and can be obtained at your sanctioned after school event.

## ACADEMIC DISHONESTY

See page 15 for full details.

## ARRIVAL/DISMISSAL

The campus is open to students from 8:10am-3:10pm unless in an adult supervised activity. Use quiet voices, make space for others in hallways, be inclusive of others, put away all mobile phones and headphones, and say good morning to others.

Arrival - put backpack in locker and all other supplies must be kept with the student, cafeteria is open for breakfast, food in cafeteria only, clean up your space in the cafeteria before going to class.

Departure - Get belonging quickly and walk directly to parent pick-up or bus area. No congregating in groups in hallways or breezeways.

## ASSEMBLIES

In order to make assemblies fun, well organized, safe, and orderly, students are expected to:

- Walk to the assembly and be seated promptly.
- Become quiet when someone approaches the microphone.
- Be courteous to all speakers and performers.
- Participate only in an appropriate manner, depending on the activity at the time.
- Leave the assembly only when dismissed.

When entering and exiting the gym, stay with your teacher and class. Please use stairs, not the benches when entering and exiting the bleachers.

## ASSOCIATED STUDENT BODY

ASB supports a variety of activities including school dances, assemblies, the sports program, music, drama, the yearbook, and Lion's Day. Funding for ASB activities comes from the annual Fundraising Drive, the student store, the sale of ASB cards (\$30) and miscellaneous fundraisers. Students must have an ASB card to participate in school sports, intramural sports, all clubs, and Student Council.

STUDENT COUNCIL is comprised of officers and representatives from each grade level. This group will meet to plan activities and discuss issues of importance to students. Students can submit items to Student Council through their Representative or ASB Grade Level Officer.

## ATTENDANCE

The Attendance Office is where you will go if you need to bring a note to school, arrive late to school, or to check out if you are leaving early.

- Late Arrival: Bring a note to the attendance office from a parent/guardian, have your parent/guardian accompany you, call the attendance office or send an email to lmsattendance@nsd.org to excuse your tardy, or it will be considered an unexcused tardy. Any student more than 15 minutes late to any class period will be considered absent.
- Early Dismissal: Bring a note from a parent/guardian to the Attendance Office before school. A departure pass will be issued for the time of your departure. All students check out at the Attendance Office. Please do not call, text and/or message your student directly during school hours as discipline could result. If a student needs to contact a parent/guardian during school, they are welcome to use the student phone in the Main Office.
- Verification of Absences/Tardies: Absences must be cleared within two days by one of the following: Parent/Guardian phone call to the Attendance Office (425-408-6510), email from parent to lmsattendance@nsd.org, or a written excuse signed by the parent/guardian. Excuse must include why the student was not in school.
- Automated Phone Calls: These go out each school day notifying parents/guardians of any missed classes. A student's absence will be considered excused only when verified by a parent/guardian, attendance office or an administrator. Messages can be left on the attendance phone line 24 hours a day. Absences not excused within two days are subject to student discipline.
- Unexcused Absences (Truancy): Unauthorized absences from classes will be considered a truancy and will result in disciplinary action.
- Absences Due to Suspensions (Short or Long Term): Students have the responsibility to contact his/her teacher to get class assignments and stay caught up on their schoolwork. Contact teachers on the LMS website, through ParentVue, or contact your counselor for guidance.


## BIKES

Place your bike in the racks provided near the front parking lot. Always lock your bike. Do not ride on campus. Follow helmet laws.

## BUS PASS

Due to increasing enrollment, Leota buses are at capacity and we have been instructed by transportation to not issue bus passes this year. If you have a special circumstance, please contact transportation directly at 425-408-7900 to inquire about the bus pass process.

## CAFETERIA

The expectation is that restaurant behavior will prevail: eat and visit politely, keep voice at a conversation level, don't sit on laps/one person per seat, respond respectfully to supervisors, keep feet on the floor, walk at all times, don't save seats, welcome others to your table.

- Hallways are off limits during lunch.
- Students may travel directly to the library during the last 15 minutes of lunch with a pass only.
- Proceed through the serving area in an orderly manner. No cutting in line. Only those purchasing items may enter the lines. Stealing items from the food area or A La Carte is a crime and will result in discipline.
- Keep all food in the cafeteria. No food or drink is allowed on the back patio or in hallways.
- Leave a clean space. Pick up your litter, trays, and belongings. Wipe down your table, stack your chair, and sweep the floor under your table. The entire group is accountable for the space. Cleaning supplies are provided.
- Students are expected to remain seated at all times in the cafeteria. Students may be released to go outside after their spaces are clean.
- Remain in all supervised areas within the painted yellow lines. Bleachers, loading zone, and stairs to field are off limits. Field will be opened based on supervision/availability.
- Congregating in large groups, yelling, throwing food, and rowdiness are strictly prohibited.
- The area in between the cafeteria and main office is reserved for restroom use or business in the main office. Students may use the restroom one at a time, not in groups.
- Stay out of the buildings if you don't have a pass.

Off limits areas include faculty areas, football field, tennis courts, fields behind the gym, and ball fields. All gardens, fences, and roofs are also off limits.

## CLOSED CAMPUS

We maintain a closed campus. You are to remain all day unless you have permission to leave. Check out through the attendance office if you have an early dismissal. Guests from other schools are not allowed. After school, students should go directly home. You may only stay on campus after school if participating in a sport or other supervised activity.

## DISCIPLINE

We use a progressive discipline system at Leota. Students should make a point of knowing the rules and following them. At the lowest level is the infraction. A teacher or staff member may issue an infraction to a student who does not follow the rules.

Infraction violation examples: tardiness, technology misuse, classroom/campus disruption, disrespect to peers, horseplay, inappropriate language, gum chewing, public display of affection, and failure to follow classroom rules, etc.

- 1 infraction per 3-week timeframe: 1 lunch duty
- 2 infractions per 3-week timeframe: 1 lunch detention
- 3 infractions per 3-week timeframe: *Afterschool detention
- 4 infractions or more: *Saturday School
*Students are responsible for bringing home a form for a parent/guardian to sign. More serious issues are referred to the administrators. Due to their disruptive effect on the operation of the school, certain behaviors may result in immediate detention, suspension, or expulsion.
*Leota adheres to the discipline policy in the Northshore School District's Rights and Responsibilities Handbook.


## DO NOT BRING

Please do not bring visitors, animals, skateboards, laser or shock pens, toys, blankets, bathrobes, or any item that may disrupt the learning process to school. Items deemed inappropriate will be confiscated and will only be returned to a parent. Discipline may result. Energy drinks, coffee, \& soda pop/tea highly caffeinated beverages (Examples are Bing, Rockstar, Monster, Red Bull, Starbucks Energy, 5 Hour Energy, etc) are not allowed at school and will be confiscated and thrown out. Soda pop/tea is not allowed in classrooms or hallways - but can be responsibly consumed at lunch.

## DRESS CODE

It is your responsibility to know the dress code expectations and wear clothing that fits the guidelines and is appropriate for a professional learning environment. Any staff member may request that you report to the office if he/she feels your attire needs to be reviewed. *See Page 14 of the Student Handbook for more specific dress code details and expectations.

## FINES \& FEES

Students may receive fines for things like lost padlocks, damaged/lost books, sports uniforms that aren't returned, science/art equipment, etc. Unpaid fees may result in the office holding yearbooks. Unpaid fines may result in loss of privileges like dance/socials, Lion's Day, assemblies, etc. Fines do carry over from year to year if left unpaid.

## GUM-FREE CAMPUS

Leota is a gum-free campus. Gum is not allowed at any time.

Consequences: A warning or infraction can be issued if violations of this expectation occurs. Progressive discipline will result for additional violations.

## HARASSMENT, INTIMIDATION \& BULLYING

Harassment, intimidation, and bullying of others is not tolerated at Leota. See student rights and responsibilities for specific school district policies on the NSD website. Consequences of HIB violations range from verbal warning to behavior contract, detention, Saturday School or suspension.

## LOCKERS

All students will be assigned lockers in the fall. Students are not to give their combination to other students or share their locker with other students. Students should not use items to prevent locker from locking. Keep it locked and use the combination to open each time. These lockers belong to the school district and are to be kept clean and orderly at all times. Remember that all tape residue must be removed at the end of the year. Do not write on lockers (inside or out). Locker cleanouts and locker searches are held periodically. Fines will be assessed to students who damage their lockers. If you have a problem with your locker, go to your teacher and get a pass to the office. Backpacks MUST remain in student lockers for the duration of each school day and are not to be taken to classes for safety and space reasons.

## LOST AND FOUND

Most lost and found items, including clothing, lunch boxes, etc., will be placed in the cafeteria. Other items should be taken to the main office. Be sure to put your name on your property. All unclaimed items will be donated to charity at the end of each semester or at other announced dates.

## MAKE-UP HOMEWORK

After an absence, it is your responsibility to contact the teacher to obtain work. Some assignments may be available using the Leota website or on ParentVue. If you are going to be absent for an extended amount of time, your parent can call the Attendance Office (425) 408-6510 to notify the school. When requesting work from teachers, allow 48 hours to get assignments.

## NURSE

If you become ill at school, get a pass from your teacher and go directly to the nurse's office. The nurse will contact your parents to pick you up if you are unable to complete the school day. Please do not contact your child directly as this could result in a technology violation for the use of their cell phone. Any medication, over the counter and prescribed, that must be taken during school hours must be checked into the nurse's office. To contact the nurse, call 425-408-6506.

| OFFICE HOURS |  |
| :--- | :--- |
| 7:40 a.m. - 3:40 p.m. |  |
| Administrative Office: |  |
| Audee Gregor, Principal | $425-408-6505$ |
| Bryan McNiel, Asst. Principal | $425-408-6525$ |
| Felicia Casolary, Main Office | $425-408-6501$ |
| Melanie Spencer, ASB/Athletics | $425-408-6503$ |
| Mary Hayes, Registrar | $425-408-6518$ |
| Barb Roetcisoender, Attendance | $425-408-6510$ |
| MaryLynn Kaiser, Attendance | $425-408-6510$ |

## PASSES

You must have a hall pass if you are out of class during the school day. Ask your teacher for a pass if you have been given permission to leave the classroom. Passes for Pride Time movement must be written in your planner or on a pink pass.

## PRIDE SLIPS/TICKETS

Students can earn Pride Tickets for good citizenship and academic performance. These tickets can be redeemed for various rewards. These slips are based on the Leota pillars of Respect, Empathy and Effort.

## PRIDE TIME

Purpose Statement: Although Pride Time is the shortest period of the day, it can be very important for your academic success. It is time built into the day to support your learning, enhance your connection to school, learn social and emotional skills, and help build a positive school community. Your pride time will be graded as Pass/Fail based on your effort and participation. See expectations below.

## Pride Time includes:

- Mondays, Tuesdays, Thursdays and Fridays
- Time to seek help in areas where you may need additional support
- Time to work on homework
- Opportunities to make up work from absences
- Quiet time to read
- Can pre-arrange to go to another teacher's Pride for extra tutoring or to complete tasks
- Fridays
- WEB events, and/or other activities

To build a positive school community, we may have:

- Periodic assemblies
- Lion Channel broadcasts
- ASB - related activities
- WEB socials for $6^{\text {th }}$ graders and WEB Leaders
- Activities


## Pride Time Expectations:

- Students are expected to be respectful and productive.
- Students are to be working or reading quietly when other activities aren't taking place.
- Students are to come prepared with homework or reading material.
- Students must prearrange passes or a teacher must invite students.
- Upon entering, you must stay for the entire Pride.
- Each Pride may send one student to library with a pass.


## Student Checklist:

Acceptable Pride Time activities in order of priority:

- Check planner
- Work on homework
- Work on projects
- Study for tests or quizzes
- Review class notes
- Read


## PROGRESS REPORTS

Progress reports are issued mid-semester (quarter). They may be an indication of your hard work and resulting success, or they may be a warning to get to work if you're earning a "D" or an "F" in a class. Progress reports will be mailed home. Automated "D/F" and "A" phone calls will be made periodically to keep parents informed of student progress. Parents can regularly check and monitor grades online via ParentVue. See the main office for a parent login. We encourage parents to check ParentVue regularly.

## REPORT CARDS

There are two final grading periods in addition to progress reports during the school year. Each semester is 90 school days. Report cards will be mailed home.

## SCHOOL EXPECTATIONS

- Leota students are expected to attend class regularly and on time.
- Backpacks, book bags, and other large bags are to be left in student lockers at all times. These items are not allowed in classrooms, library, or the lunchroom.
- Leota students are expected to obey reasonable requests from all school staff including bus drivers, secretaries, custodians, cooks, and school assistants.
- Students are expected to follow all school and District Dress Code expectations. (See page 14 in student planner and again in the District Rights \& Responsibilities Handbook.)
- Leota students are expected to avoid inappropriate physical contact, foul language, and dangerous behavior. This includes running, pushing, and play fighting.
- Leota students will enjoy a climate free from harassment or any other form of verbal or physical threats or intimidation.
- Leota students are to adhere to maintaining a "gumfree" campus.
- Leota students are expected to adhere to our no food or drink policy on campus. Food and drink are not allowed outside of the cafeteria except for special occasions and at teacher discretion.
- No congregating in groups in hallways or common spaces.
- Each teacher will present his or her classroom rules and grading policy via their syllabus. Students are expected to adhere to them throughout the year.
- Any expectations not met will result in progressive discipline.
- Students are expected to adhere to all District and school technology policies. (Please see student planner page 13 and the District Responsible Use Policy - RUP - for more details.)


## STUDENT PHONE

There is a student phone in the main office. It may be used before school, during lunches, and from 3:003:10 PM with a pass. Students are not to use their personal phones at any time while on campus.

## TARDINESS

Students are expected to be on time for the beginning of school and for all classes throughout the day. Unexcused tardiness will result in the assignment of appropriate discipline from lunch duty to Saturday School. Unexcused tardies beyond 10 minutes are considered truancy.

## TEXTBOOKS

Textbooks will be checked out to you by teachers in many of your classes. It is your responsibility to care for and return books at the end of the year. All your books must be covered! If you damage or lose a book, your teacher will assess a fine. Unpaid fines will result in the office holding yearbooks and final grades.

## TRUANCY

You must remain on the school grounds from the time of arrival and attend all scheduled classes. Students absent from school or a class without being officially excused are considered truant. This includes leaving class at any time without adult permission. Unexcused tardiness longer than fifteen minutes of a class period is considered to be an unexcused absence and can result in detention, Saturday School, or suspension. Leota is required by law to notify parent/guardian when excessive absences occur, excused or unexcused. Leota adheres to the Attendance policy in the Northshore School District's Rights and Responsibilities Handbook.

## WATER BOTTLES

## Water Bottle Expectations

- Only water is allowed outside of the cafeteria.
- Bottles must have lids that can be securely closed to prevent spillage.
- No sharing or bottle flipping.
- All bottles are subject to search.
- Teachers reserve the right to keep water bottles out of their rooms. Water bottles are prohibited in science, gym, the library, computer labs and anytime school electronic devices are in use.
- Students are responsible for any damage done to school property or materials.
- Students are expected to clean up spills.

Consequences: A warning or infraction can be issued, and/or staff members can enforce a confiscation of the bottle if violations of these expectations occur. Progressive discipline will result for additional violations.

## YEARBOOKS

Yearbooks go on sale initially for one day in August during our back to school fair. A two-week window of sales will open again during the school year. Regular announcements will be made during this time. Finally, at the end of the year, any remaining yearbooks will go on sale on a first-come, first-served basis until all yearbooks have been sold. All fines must be paid before you receive a yearbook. They are handed out the last week of school.


## LEOTA TECHNOLOGY

The Northshore School District maintains a Responsible Use Procedure (RUP) to guide the use of technology throughout the district, summarized below. NSD's Responsible Use Procedure is in place to foster the idea of digital citizenship. A digital citizen is one who:

1. Understands human, cultural and social issues related to technology and practices legal and ethical behavior.
2. Advocates and practices safe, legal and responsible use of information and technology.
3. Exhibits a positive attitude toward using technology that supports collaboration, learning and productivity.
4. Demonstrates personal responsibility for lifelong learning.
5. Exhibits leadership for digital citizenship.
6. Reports inappropriate use of technology.
7. Uses appropriate passwords and practices responsible password management.
8. Refrains from posting personal information (or other people's personal information).
9. Uses technology at school for educational purposes only.
10. All users of district technology will observe 'Fair Use' and 'Educational Use' copyright laws.

Students who fail to comply with the responsibilities outlined in the RUP may be subject to disciplinary action defined at the building-level as well as suffer a loss of technology-related privileges.

## ELECTRONIC DEVICES

## Expectations

- Electronic devices (cell phones, iPods, mp3 players, cameras, headphones, games, etc.) must not be seen or heard anywhere on campus during school hours. Devices and earphones/earbuds should be turned off and stored in student locker upon arrival.
- Electronic devices cannot be used for pictures or audio/video recording on campus at any time without teacher approval.
- Texting and/or messaging is NOT permitted at any time during the school day.
- Leota is not liable for theft or damage of electronic devices.
- *Please do not call, text and/or message your student directly during school hours as discipline could result.
- *If a student needs to contact a parent/guardian during school, they are welcome to use the student phone in the Attendance Office.
- CONSEQUENCES:
- $\mathbf{1}^{\text {st }}$ Offense: Electronic device may be returned to student in the office after school.
- $\underline{2}^{\text {nd }}$ Offense: Electronic device may be returned to the student in the office and an infraction issued.
- $\mathbf{3}^{\text {rd }}$ Offense: Electronic device may be returned to the parent in the office and a detention issued.
- Chronic offenses could result in additional progressive discipline per school discipline policy.
*All electronics sent to the office will be stored in a locked drawer until retrieved.


## The Leota Middle School Student Dress Code

Leota adheres to the district dress code stated below as outlined in the district Rights and Responsibilities Handbook.
The student's attire is the primary responsibility of the parents or legal guardians. The Northshore School District is responsible for assuring that student attire does not interfere with educational process which includes the health, safety, and emotional well-being of all students. Student attire must also not contribute to any hostile or intimidating atmosphere for students.

Students May Wear:

- Headgear is approved to be worn on campus during the school day, unless it is a safety issue. Headgear includes, but is not limited to, hats, visors, bonnets, hoodies, etc. In all circumstances, teachers should attempt to accommodate students who choose to wear headgear.
- Fitted* pants, including leggings, yoga pants and "skinny jeans."
- Pajamas
- Ripped or distressed jeans/shorts that do not expose underwear
- Tank tops, halter tops, and crop tops (including those with spaghetti straps)
- Sunglasses (can be worn outside). Special approval is needed to wear sunglasses in the classroom setting for medical purposes.
*The term "fitted" can best be described as form fitting garments that contour the body while providing coverage at the same time.


## Students May Not Wear Clothing With:

- Violent language or images
- Images or language that encourages the use of alcohol, tobacco, vaping, or the use of any other drugs.
- Images or language that depicts illegal activity or that creates a hostile environment
- Hate speech, gang/hate group affiliation, profanity, or pornography
- Bathing suit tops, tube tops, or sports bras (unless worn underneath another approved article of clothing)*
- Visible underwear or boxers.
- Masks and headgear that conceal the face(except for religious purposes)
- Dangerous or sharp objects that could be used as a weapon, spikes, etc.


## Plagiarism \& Academic Dishonesty Policy

WHAT IS PLAGIARISM \& ACADEMIC DISHONESTY? Plagiarism is the act of presenting the words, ideas, images, sounds, or the creative expression of others as your own. Academic dishonesty includes cheating, plagiarism and any attempt to obtain credit for academic work through fraudulent, deceptive or dishonest means. Plagiarism can have serious consequences, whether intentional or unintentional.

| INTENTIONAL: |
| :--- |
| Copying a friend's work |
| Buying/borrowing/downloading a paper |
| Cutting and pasting blocks of text from electronic |
| sources without documenting |
| Media "borrowing" without documentation (images, |
| sounds, video) |
| Allowing another to use their work as their own |

## UNINTENTIONAL:

Careless paraphrasing
Poor documentation
Quoting excessively
Not correctly using internal citations
Failure to use your own "voice"
Not participating in 'collaborative' work, but taking
full credit

You can "borrow" from the work of others; you just need to correctly cite and give credit to the original source.

## WHAT CAUSES PLAGIARISM \& ACADEMIC DISHONESTY:

- Poorly taken notes.
- Procrastination - Not allowing yourself enough time to do solid research.
- Not understanding the written material
- The attitude: "It seems important. I'll just copy it and change a few words, so it will sound like I thought of it."


## HOW TO AVOID PLAGIARISM \& ACADEMIC DISHONESTY:

- Understand the material before you begin writing.
- Use successful note taking techniques:
- Direct quotes, paraphrasing, summarizing
- Use your own words to write key information
- Use bullets and not full or complete sentences
- Understand internal citations
- Take notes from several different sources keeping track of which source each piece of information came from using Noodletools or a resource log.

CONSEQUENCES FOR PLAGIARIZING \& ACADEMIC DISHONESTY: Plagiarism and/or academic
dishonesty may result in a grade reduction, possible redo of the project, and disciplinary action.

Leota Discipline Matrix

| Violation | First Offense | Second Offense | Third Offense |
| :---: | :---: | :---: | :---: |
| Academic Dishonesty /Plagiarism - <br> Knowingly submitting the work or others represented as the student's own, assisting another student in doing so, enabling such misrepresentation to occur, or using unauthorized sources. | Zero on assignment or test and detention | Zero on assignment or test and Inschool suspension | Zero on assignment or test and Shortterm suspension |
| Alcohol/Illicit Drug - Use or possession of alcohol or illicit drug, transfer/intent to transfer of alcoholic beverages or illicit drugs, or substances represented as alcohol or illicit drugs. | Short-term suspension; Long-term suspension and or Abeyance (10 or more days) per the district Student Rights and Responsibilities Handbook |  |  |
| Arson - Malicious or intentional burning of property. | Emergency expulsion; referral to Fire Dept. and Police (restitution) |  |  |
| Attendance - Failure to regularly be in attendance, remain on school grounds from the time of arrival and attend regularly scheduled classes, unless officially excused | Infraction; Lunch Detention | After-School Detention | 4-hour <br> Saturday <br> School |
| Audio/Video - Students may not take pictures or record either audio or video on campus unless preapproved by staff. | Confiscation of item; Detention | Confiscation of item; <br> Saturday School | Confiscation of item; Short-term suspension |
| Closed campus violation - Leaving campus without school permission during the school day. | Detention; Saturday School | Saturday School |  |
| Bullying/Cyberbullying - Intentionally written messages or images including those that are electronically transmitted and verbal or physical actions, including but not limited to messages and actions shown to be motivated by race, color, religion, ancestry, national origin, gender, sexual orientation, including gender expression or identity, mental or physical disability or other distinguishing characteristics, are prohibited. See additional information in the NSD Student Rights and Responsibilities Handbook. | Detention; Saturday School; Short-term suspension | Short/Longterm suspension | Long-term suspension |
| Dangerous Items Disruptive Items and/or Explosive Devices - The possession, use trade, purchase or distribution of any item that is capable of inflicting serious bodily harm or of causing disruption is strictly prohibited. Examples include, but are not limited to: toys, tools, lighters, laser pointers, firecrackers, handcuffs, shock pens and matches. | Short-term suspension; Long-term suspension and or Abeyance (10 or more days) per the district Student Rights and Responsibilities Handbook |  |  |
| Destruction of Property/Vandalism - Intentional damage/defacing of school property or property of others, graffiti. | Restitution; In-School/Shortterm suspension; referral to Police | Short/Long-term suspension; referral to Police |  |


| Discriminatory Harassment - Unfair or unequal treatment or harassment of a person because they are part of a group, defined by law, as a protected class. A protected class is a group of people who share common characteristics and are protected from discrimination and harassment under federal and state law. | In school/Shortterm suspension | Short or Long-term suspension; Emergency expulsion |  |
| :---: | :---: | :---: | :---: |
| Disruptive Conduct/Behavior - Any interruption of the teaching and learning process or of the daily operation of the school. | Infraction; <br> Detention; <br> Saturday School | Saturday School; <br> Short-term suspension | Short/Longterm suspension |
| Dress code violation - Students will be sent to the office. | Student asked to change or modify clothing | Change or modify clothing and Detention | Change or modify clothing and Saturday School |
| Electronic or telecommunication devices - Students may bring devices to school, but do so at their own risk. All electronic devices must be stored out of sight on campus. | Confiscation until the end of the day, return to student | Infraction, confiscation until the end of the day, return to student | Detention, confiscation until parent can pick it up |
| False alarms - Any verbal or mechanical alarm declaring an emergency when there is none. | Short-term suspension; Long-term suspension; Expulsion; Referral to Fire Dept.; Police |  |  |
| Failure to Cooperate - Failure to comply with or follow reasonable, lawful directions or requests of teachers or staff. This includes, but is not limited to non-compliance, defiance and disrespect. | Infraction; <br> Detention | Saturday School | In school or short term suspension |
| Failure to submit to corrective action - Failure to submit to lawful corrective action imposed by the district or its authorized employees. | Saturday School, In school suspension | Short-term suspension | Long-term suspension |
| Fighting Without Major Injury - Mutual participation in an incident involving physical violence, where there is no injury requiring professional medical attention. | In-School/Shortterm suspension | Short-term suspension | $\begin{aligned} & \hline 10+\text { days Long- } \\ & \text { term } \\ & \text { suspension } \\ & \hline \end{aligned}$ |
| Forgery - Signing a name other than yours to any document that is considered an official school document or any alteration to official school records. | Saturday School | Short-term suspension |  |
| Gambling - Playing cards, dice, or games of chance for money or other things of value; or betting money or other things of value. | Detention | Saturday School | Short-term suspension |
| Gang behavior or Affiliation - Any actions or behaviors that could be considered a group effort to intimidate, bully, or accomplish some disruptive or illegal goal. Clothing, symbols, and colors are some examples. | Short-term suspension; Long-term suspension; Expulsion; Referral to Police |  |  |
| Harassment/Intimidation/Bullying - Any verbal, electronic, written or physical acts that interrupt the educational environment. All forms of harassment - sexual, racial, gender, etc. are prohibited. | Student signs <br> HIB contract; <br> detention; <br> Saturday school | Short or Longterm suspension | Long-term suspension |
| Hazing - Any perceived action taken, or situation created intentionally, that causes embarrassment, harassment or | In school suspension; | Short or Long-term suspension |  |


| ridicule; risks emotional and/or physical harm to members of the group or team; whether new or not; regardless of the person's willingness to participate. | Short-term suspension |  |  |
| :---: | :---: | :---: | :---: |
| Horseplay - Rough play or mischief, or Physical acts that do not rise to the level of fighting without major injury. | Infraction; <br> Detention | Saturday School | In school or short term suspension |
| Inappropriate Language - Swearing or other use of language in an inappropriate way, including disrespect toward authority. | Warning; Lunch <br> Duty; lunch <br> detention <br> Conference with parent/ <br> guardian | Detention and Conference with parent/ guardian | Saturday School and Conference with parent/ guardian |
| Lunch room rule violation - May include cutting in line, failure to follow lunch room/staff member's directives, leaving a mess at the table, etc. | Lunch duty, Removal from lunch room | Detention | Saturday <br> School |
| Marijuana - Use, possession or transfer of cannabis/marijuana in any form. | Short-term suspension; Long-term suspension and or Abeyance (10 or more days) per the district Student Rights and Responsibilities Handbook |  |  |
| Misrepresentation - Acts of misrepresentation, including dishonesty, hindering a school investigation, falsifying the authorization of another person, identity theft, or impersonating a student or district employee in any way. | Saturday School; Short-term suspension | Short/Long-term suspension |  |
| Misuse of Technology - Use of school network, computers, or other technology for non-instructional or prohibited purposes. See Policy 2022 | Detention; Saturday School; and Loss of privileges for 10 days | Loss of privileges for rest of semester, Saturday School | Loss of privileges for rest of the year, Saturday School |
| Multiple Minor Accumulated Incidents - Discipline for culmination of multiple minor infractions that both occurred throughout the school year and individually would not rise to the severity of meriting a short-term or long-term suspension or expulsion. | Detention; 2 hour Saturday School | 4 hour Saturday School |  |
| Pantsing - To pull down a student's pants, shorts or under garment. | 2 hour Saturday School | 4 hour Saturday School | Short-term suspension |
| Pornography - Possession or transfer of written material or images depicting a person or persons in a sexually explicit manner. | Detention; <br> Short-term <br> suspension; <br> Saturday School | Short/Long-term suspension |  |
| Possession of a Weapon - The carrying of any firearm or dangerous weapon onto school property, school-provided transportation, school facilities or non-district property being used by the school or district is prohibited by state law and district rule of "No Tolerance." (RCW 9.41.250; RCW 9.41.280 and RCW 28A.600.420) | See NSD's Rights and Responsibility handbook for more information. |  |  |
| Public displays of intimate affection - Open displays of intimate affection, including prolonged embraces or kissing, fondling, or dancing in a lewd or suggestive manner. | Warning; Lunch Duty; parent conference | Detention and parent conference | Sat. School and parent conference |


| Retaliation - Any act that is intended to get back at someone. | Short-term suspension; Long-term suspension; Expulsion |  |  |
| :---: | :---: | :---: | :---: |
| Reckless burning - Careless or negligent burning of property. | Short-term suspension; Long-term suspension and or Abeyance (10 or more days) |  |  |
| Recklessness - Disregard to the safety of others. Acting in such a way that could cause harm to others. For example, rough-housing, throwing things, unsafe use of materials, horseplay, etc. | Detention; <br> Saturday School; <br> Short-term <br> suspension | Short-term suspension | Long-term suspension |
| School bus rules violation | See bus/transportation rules section |  |  |
| Sexual Harassment - Unwelcome sexual advances, requests for sexual favors and other verbal or physical conduct directed at person because of his/her sex. | Detention; In School suspension; Saturday School; Short-term suspension and or Abeyance (10 or more days) |  |  |
| Sexually Inappropriate Conduct - Obscene acts or expressions, whether verbal or nonverbal, including indecent exposure. | Detention; Saturday School; Short-term suspension; Long-term suspension |  |  |
| Snow/Ice ball throwing | Detention; Saturday School; Short-term suspension |  |  |
| Tardiness to class | As per teacher's rules, infraction | Detention | Saturday <br> School |
| Theft and/or possession of stolen property - Taking or knowingly being in possession of district property or property of others without permission. | Saturday School; suspension; restitution; referral to Police | Short-term suspension; Restitution; Police referral | Long-term suspension; Restitution; Police referral |
| Threats - Any statement, serious or not, that implies physical/mental or emotional harm to another. | Parent contact; Short-term; Long-term suspension; Referral to Police; Emergency expulsion; Threat Assessment Protocol |  |  |
| Tobacco/Smoking/Vaping - Possession, use, distribution, transfer, or sale of tobacco, or nicotine products. Includes possession of all substance-carrying devices and vaping paraphernalia, use of vaping devices, sharing of vaping devices, transfer or intent to transfer vaping devices. Paraphernalia and vaping devices will be confiscated and discarded. | Short-term suspension; Long-term suspension and or Abeyance ( 10 or more days) per the district Student Rights and Responsibilities Handbook |  |  |
| Verbal confrontations, taunting, provoking Challenging, mocking, insulting, and behavior that provokes or may provoke a physical confrontation, including encouraging or inciting others to fight. | Detention; In School suspension; Saturday School; Short-term suspension and or Abeyance (10 or more days) |  |  |
| Violence With Major Injury - Any violent incident that result in an injury for which another person requires professional medical attention. | Emergency expulsion; Referral to Police |  |  |
| Violence Without Major Injury - Any violent incident that does not results in an injury for which another person requires professional medical attention. | Detention; Saturday School; Short-term suspension |  |  |

State law RCW 28A.600.020 gives schools the authority to ensure that the optimum learning atmosphere of the classroom is maintained. Furthermore, the law states that consideration is given to the qualified judgment of educators when deciding how to best maintain this environment.

## COUNSELORS - Get to know yours!

Counselors like to know students! You will have the same counselor for your three years at Leota. See your counselor if:

- you are new to Leota
- you are feeling down or stressed
- you have problems with friends or are worried about a friendship
- it is hard to complete your homework
- you are unsure of a decision you need to make
- you have good news to share
- you are interested in one of the counselor's support groups
- there is a problem with your schedule
- you are being harassed or bullied

Remember, your counselor can help you solve problems. Stop by the counseling office before or after school or during lunch to make an appointment. Your counselor will send a hall pass for you to report to the counseling office. Parents may contact a counselor by phone or email:

| Mr. Kim | 6th | $425-408-6521$ <br> Ms. Waggoner | 6th |
| :--- | :--- | :--- | :--- |$\quad$| jkim@nsd.org |
| :--- |
| awaggoner@nsd.org |

## SEHOQ4 COUNS组LOR

| 1 Task Definition <br> WA Essential Information Skill: \#1 - The student recognizes a need for information | 1.1 Define the information problem <br> 1.2 Identify information needed (to solve the information problem) | - What is my current task? <br> - What are some topics or questions I need to answer? <br> - What information will I need? |
| :---: | :---: | :---: |
| 2 Information Seeking Strategies <br> \#2 - The student constructs strategies for locating information | 2.1 Determine all possible sources <br> (brainstorming) <br> 2.2 Select the best sources | - What are all the possible sources to check? <br> - What are the best sources of information for this task? |
| 3 Locate \& Access <br> \#3 - The student locates \& accesses information independently | 3.1 Locate sources (intellectually \& physically) <br> 3.2 Find information within sources | - Where can I find these sources? <br> - Where can I find the information in the sources? |
| 4 Use of <br> Information <br> \#4 - The student evaluates \& extracts information | 4.1 Engage (e.g., read, hear, view, touch) <br> 4.2 Extract relevant information | - What information do I expect to find in this source? <br> - What information from the source is useful? |
| 5 Synthesis <br> \#5 - The student organizes \& applies information | 5.1 Organize from multiple sources <br> 5.2 Present the information | - How will I organize my information? <br> - How should I present my information? |
| 6 Evaluation <br> \#6 - The student evaluates the process \& product | 6.1 Judge the product (effectiveness) | - Did I do what I was required? <br> - Did I complete each of the Big 6 stages efficiently? |

The "Big6 ${ }^{\text {TM" }}$ is copyright © (1987) Michael B. Eisenberg and Robert E. Berkowitz. For more information, visit: www.big6.com Handout created by: Northshore School District Teacher/Librarians, Bothell, WA.

## Welcome to the LEOTA LIBRARY

Mrs. Krista Repp, Teacher Librarian krepp@nsd.org
https://leota.nsd.org/academics/library
Mrs. Barb Roetcisoender, Secretary broetcisoender@nsd.org
Phone: 425-408-6512

## Pass needed during the day (induding lunch):

- Sign in at the desk
- Leave your pass in the basket
- SIGN OUT and have your PASS SIGNED when you leave
*Hall passes are only for picking up printing*
No sign in necessary
No pass needed:
- Before/after school
- WHOLE class together


## Library Guidelines

1. Value other people's work space
2. No food, gum, or backpacks
3. Ask questions or speak up if you don't understand
4. Be considerate of others' feelings and ideas
5. Always do your own work and give credit to sources
6. Leave everything better than you found it

## CHECK OUT POUCIES

Books (up to 10) $\qquad$ 3 weeks

- RENEW books (if no one is waiting for it)
- Holds/Reserves may be placed on a book at counter
- Check outs may be restricted if books are not returned or lost


## All books are due on TUESDAYS

## Two BOOK RETURN locations:

- Outside the library in the $\mathbf{7 0 0}$ hallway
- Inside the library at the end of the Circulation Desk


## OVERDUE REMINDERS

Please bring library resources back on timell

- Reminder notices in class on Thursday
- Check your account online anytime!

Username: NSD student ID
Password: NSD password

## Technology:

- All technology is for EDUCATIONAL/ACADEMIC USE ONLY
- Students must follow NSD Responsible Use Procedures
(See Rights and Responsibilities Handbook)

| SUBSCRIPTION DATABASES PASSWORDS for HOME USE <br> Links on Leota Middle School Library Webpage <br> Access passwords by clicking "Database Passwords" on the Library Database page. <br> You must be logged into your NSD Gocgle account to access the passwords. |  |  |
| :---: | :---: | :---: |
| Database | Username | Password |
| eBOOKS /OverDrive | NSD Student ID | NSD password |
| SIRS Issues Researcher \& Discoverer | WA0809H | 98072 |
| Worldbook Encyclopedia | eota | nsd417 |
| CultureGrams | W714rleota | welcome |
| Proquest | W714rleota | welcome |
| elibrary | W714rleota | welcome |
| History Study Center | W714rleota | welcome |
| U.S. History in Context |  | leotar |
| World History in Context |  | leotar |
| NoodleTools | Access via NSD GoogleApps |  |
| eBOOKS (for research) Gale Virtual Reference Library | Leota |  |

KCLS Online Card (Password Required) Access databases, eBooks and MORE!
$\square$


## Health Room

Our Registered Nurse serves our building, Leota Middle School. Their duties are diverse, from administering first aid and necessary medication to monitoring the general health and well-being of our students. Our health room is used for emergency care and for ill students awaiting pick-up. Space and personnel are not available to accommodate extended care or supervision. We require that you or an emergency contact will pick up your sick child within the hour that you are called.

For your child's safety it is very important to keep your home, cell, work, and emergency contact telephone numbers current. If you change jobs or cell phone numbers, please give us your new number immediately. This will assist us getting in touch with you when it is an emergency.

Please keep the nurse informed of any health concerns or changes in your child's health, including new or resolved medical or mental health diagnosis, medication changes and immunization updates.

Children learn best when they are healthy. If you think your child is getting sick, please keep them home. This helps keep other children from getting sick and gives your child the rest he/she needs to get well quickly.

## When Should I Keep my Child Home from School?

- A temperature, taken orally, that is 100 degrees Fahrenheit or higher, is considered a fever. Children should be fever-free, without fever reducing medication, for at least 24 hours before sending them to school.
- Anytime a child vomits or has diarrhea, they needs to be isolated from other children for 24 hours. If your child vomits or has diarrhea in the night, keep them home from school the following day.
- Any rash of unknown cause should be considered contagious. Please have your child examined by a healthcare provider to determine the cause and communicability of the rash before sending them to school. The child may not return to school unless there is a letter from the medical professional stating that the rash is not communicable in nature, or unless the rash is no longer present.
- 24 hours after administration of the first dose of an antibiotic or as directed by the health care provider.

Note these guidelines are general reminders of when to keep a student home. In times of pandemic disease response in the community at large (such as COVID 19), additional recommendations may be requested by local/state health authorities for keeping an ill student home or for a student's return to school after being absent for a specific illness.

## Accidents

If a child is injured at school, they will be given emergency first-aid treatment by the nurse, principal, school secretary, or a first aid-trained health room assistant. The parents will be called immediately in the event of a serious injury. If you are not at home or work, the person listed as the "First Emergency" contact will be called. If no one is available to come for the child, we will use our best judgment on whether to keep the child in the nurse's office or call 911 for medical assistance.

Injuries at School - Parent Financial Responsibility:

The health and safety of our students is one of the district's foremost concerns. Even so, accidents may and do happen and the resulting medical bills (ambulance transport, surgery, etc.) can be very expensive. However, many families are unaware that the district does not carry insurance for student personal injury costs and cannot assume responsibility for them. Parent/Guardian Responsibility: What this basically means is that if your child gets hurt during school or a school activity, you as the parent or guardian, are financially responsible for any medical bills. This includes students participating in athletics, recess and after school activities. If your student participates in a sport, please make certain your family insurance plan covers athletic participation.

## Children with Life Threatening Conditions

In order to provide a safe learning environment, the state of Washington passed a law that requires students with life threatening conditions to have medical orders and a nursing care plan in place BEFORE the first day of school attendance. (Chapter 101, Laws of 2002, amending Chapter 28A. 210 RCW)

The law defines life-threatening condition as "a health condition that will put the child in danger of death during the school day if a medication or treatment order and a nursing plan are not in place." Children with life-threatening conditions such as diabetes, severe bee sting or food allergies, severe asthma, severe seizures, etc., are required to have a medication or treatment order in place before they start school.
"Medication or treatment order" means the authority a registered nurse obtains under RCW 18.79.260(2). This is covered when the child's licensed health care provider completes the Authorization for Medication form or treatment order for medical services to be performed at the school. If a medication or treatment order is not provided, the principal of the school is required to exclude the child until such an order is provided. This requirement applies to students with life-threatening conditions who are new to the district, and students who are already attending the school.

If your child has a life-threatening health condition requiring medical services at school, or if you have questions about a medical condition, please notify the school nurse right away. Students with a life-threatening condition qualify for a 504
Accommodation/Emergency Care Plan. Please set up a meeting with the school nurse in order to have all necessary forms and medications in place prior to starting school.

## Health Screening

Health screening for hearing and vision is done each Fall in grades K-3, 5th and 7th. Other students may be screened for hearing or vision upon referral by the teacher or parent. The vision screening does not identify all vision problems and is not intended as a substitute for periodic eye examinations by a healthcare provider. A referral letter will be sent home when a student's hearing and/or vision screening results do not meet the expectations for their age.

## Immunization

For the protection of your child, the Washington State immunization law states that every child attending public or private school must show proof of compliance with the law before the student's first day of attendance. Northshore School District requires healthcare provider verification of student immunizations. Any student not meeting this requirement will be excluded. Bothell Health Point (425-486-0658) accepts medical coupons and has a sliding fee scale. If you need assistance in acquiring these immunizations, please contact the school nurse.

## Medications at School

If your student will be taking ANY medication at school, you must confer with the school nurse.
The Northshore School District recommends that medication be taken at home whenever possible. We recognize, however, that in some cases it is essential that medication be administered during the school day. For the protection of all the students and to comply with Washington state law, the district has a policy and procedures in place for the handling of ALL medications in the schools.

Please do not put any kind of medicine, including aspirin, vitamins, and cough drops in your child's lunch box, backpack or pockets. Unidentified medicine can never be given at school. Students who require use of a narcotic for pain control should be kept home.

## School Staff Administered Medication - The following conditions must be met:

$\checkmark$ All medications, whether over-the-counter (except sunscreen) or prescription, need a current Northshore Medication Authorization Form signed by the student's healthcare provider/dentist and parent/guardian.
$\checkmark$ Medication must be delivered to school in a properly labeled prescription or original over-the-counter container. The student's name must be on the label with proper identification of the drug, dosage, and directions for administration.
$\checkmark$ A quantity sufficient for one month only can be sent to school.
$\checkmark$ The medication order is effective for the current school year only.
$\checkmark$ If changes in the medication order occur, the parent is responsible for notifying the school and providing verification from the healthcare provider/dentist.

Field Trips: For students on daily medication, request an extra labeled container from your pharmacy for used for field trips. Advanced planning with the school nurse is needed for students who need access to medications during field trips, after school sports, clubs and activities where students may not have access to school stored medications in the health room after school hours.

## Student Self-Administered Medication - The following conditions must be met:

In appropriate cases and with the knowledge of the school nurse, the parent/guardian can delegate the responsibility for selfadministration of medication to the student. In doing so, the parent releases the school district from any obligation to monitor the student and assumes full responsibility for the student's use of the medication:
$\checkmark$ Self-Administration does not apply to controlled substances, e.g. codeine, vicodin
$\sqrt{ }$ The student may only carry a one-day supply (1-2 doses) of the medication.
$\sqrt{ }$ The medication must be in the original container.
$\sqrt{ }$ The student must have written permission to self-medicate signed by the parent/guardian.
Medication to be self-administered for more than fifteen (15) consecutive days whether over-the-counter or prescription requires a current Northshore Medication Authorization Form signed by the student's healthcare provider/dentist and parent/guardian stating that the student may self-medicate. The student must also demonstrate his/her ability to the School Nurse to correctly evaluate his/her symptoms and use the medication appropriately.

## Asthma and Anaphylaxis medications:

When a parent requests that his/her student be allowed to self-administer medication for asthma and/or anaphylaxis (severe allergic reaction), an Authorization for Medication must be filled out and signed by the health care provider and parent/guardian. The permission form must contain a treatment plan for what to do in case of an emergency.

The health care provider must also provide training for the student to recognize symptoms and the correct use of medications. Additionally, the student must demonstrate his/her ability to correctly evaluate his/her symptoms and use of medications to the school nurse including how to access help when needed. (RCW 28A.210.370 and School District Policy 3419)

If you wish your student to self-administer medication at school or have any other questions related to the information noted here, please contact the school nurse at 425-408-6506.

## SPORTS • ATHLETICS

The information below is subject to change due to COVID-19 health department regulations and social distancing requirements.
Any changes will be communicated to students and parents as they occur.

Leota has an extensive after-school sports program. In order to participate, parents must first complete the online sports registration process at the following website. During the sign up process, parents are encouraged to select all sports the student may participate in during the school year.

## https://northshore-wa.finalforms.com/

Separate from the Final Forms online registration, and before the first game, you must purchase an ASB card (\$30) and pay a participation fee of $\$ 100$ per season, to a maximum of $\$ 200$ per year. These can be paid by cash or check to Ms. Spencer in the office or online by credit card through schoolsales.nsd.org. Financial aid/scholarships are available, contact Ms. Spencer.

Primary Athletic Program Goal: Our programs are instructional and are designed to improve athletic skills and practice good sportsmanship. For cut sports, coaches may make cuts in order to have a reasonable number of team members.
Time Commitment: Teams practice every day except Early Release Wednesdays, usually from 3:10-4:35. However, coaches on occasion may hold a morning practice especially during the seasons 2 and 3 . Games/matches may last beyond $6: 00$ p.m.
Transportation: Buses are provided TO all away games and matches, but parents are responsible for picking up their athletes at the away site and should do so in a timely manner.
School Attendance/Grades: In order to participate in any game or match, student athletes must have been in attendance at school for at least three class periods that day. Athletes must maintain passing grades in 5 of 6 classes and have a 2.0 GPA or higher in the previous grading period in order to be eligible to participate in Leota athletics.
ASB Requirements: All students also participating in a sport and/or intramurals must purchase an ASB card. These funds go into the school's ASB account to support the year-to-year cost of the athletic programs. Cost such as: facilities, equipment, uniforms, game transportation cost, etc.
Student Fan Expectations: All students who stay after school to watch sports need to report to the gym right after school and remain there for the duration of the competition. No food or drink is allowed in the gym. Students must comply with any directions given by the gym manager. Fans must display our three pillars and good sportsmanship when cheering for Leota and the opposing team as well.

## SPORTS SEASONS

*One team for each sport unless noted otherwise. Seasons for each sport subject to change based on Middle School Sports Committee and district decisions.

| 1*Season (Sept. -Oct.) <br>  <br> - Girls' Soccer - (7"/8") <br> - Girls' Soccer - (6") <br> - Boys’ Tennis ( $7^{*} \& 8^{*}$ ) <br> - Girls' Volleyball -2 teams ( $7^{\text {m }}$ and $8^{\text {n }}$ ) | $\underline{2^{\mathrm{m}} \text { Season (Nov. - Jan.) }}$ - Boys’ Basketball -3 teams ( $6^{\mathrm{m}}, 7^{\text {m }}$ and $8^{\text {" }}$ ) |
| :---: | :---: |
| $\underline{\underline{3 "} \text { Season (Jan. -Mar.) }}$ <br> - Boys’ \& Girls' Wrestling ( $6^{\circ}, 7^{* *} \& 8^{\text {" }}$ ) <br> - Girls' Basketball - 3 teams ( $6^{n}, 7^{* *} \& 8^{*}$ ) | 4" Season (Mar. - May) <br> - Boys'/Girls' Track \& Field ( $6^{\circ}, 7^{*}$ \& 8" $^{*}$ ) <br> - Boys' Soccer - (7*/8") <br> - Boys' Soccer - ( $6^{\text {º }}$ ) <br> - Girls’ Tennis (7" \& 8") <br> - Girls' Volleyball (6") |

*There will be one week between each sport season for intramurals. Intramural activities will be determined by the intramural coordinator. Students who would like to participate in intramurals will only need to purchase an ASB card and fill out an intramural sign-up form.

## Multiplication Chart: Basic Chart

\section*{| 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- | 12 <br> $\begin{array}{lllllllllllll}1 & 2 & 3 & 4 & 5 & 6 & 7 & 8 & 9 & 10 & 11 & 12\end{array}$ <br> $\begin{array}{llllllllllllll}2 & 4 & 6 & 8 & 10 & 12 & 14 & 16 & 18 & 20 & 22 & 24\end{array}$ <br> $\begin{array}{lllllllllllll}3 & 6 & 9 & 12 & 15 & 18 & 21 & 24 & 27 & 30 & 33 & 36\end{array}$}

$\begin{array}{llllllllllllll}4 & 8 & 12 & 16 & 20 & 24 & 28 & 32 & 36 & 40 & 44 & 48\end{array}$
$\begin{array}{llllllllllllll}5 & 10 & 15 & 20 & 25 & 30 & 35 & 40 & 45 & 50 & 55 & 60\end{array}$
$\begin{array}{lllllllllllll}6 & 12 & 18 & 24 & 30 & 36 & 42 & 48 & 54 & 60 & 66 & 72\end{array}$
$\begin{array}{lllllllllllll}7 & 14 & 21 & 28 & 35 & 42 & 49 & 56 & 63 & 70 & 77 & 84\end{array}$
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September 2020


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I've learned that people will forget what you said, people will forget what you did, but people will never forget how you made them feel.

Maya Angelou

October 2020



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> If you have good thoughts they will shine out of your face like sunbeams and you will always look lovely.

Roald Dahl

November 2020



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No act of kindness, no matter how small, is ever wasted.

Aesop

December 2020



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The time is always right to do what is right.

Martin Luther King, Jr.

January 2021



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I have learned that success is to be measured not so much by the position that one has reached in life as by the obstacles which he has overcome while trying to succeed.

Booker T. Washington

February 2021

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> Yesterday is history.
> Tomorrow is a mystery.
> Today is a gift.
> That's why we call it 'The Present'.

Eleanor Roosevelt

March 2021



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Knowledge will bring you the opportunity to make a difference.

## Claire Fagin

April 2021


## V To Do

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Success is not how high you have climbed, but how you make a positive difference to the world.

Roy T. Bennett

May 2021


## V To Do

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Anyone who has never made a mistake has never tried anything new.

Albert Einstein

June 2021


## V To Do



## Remember

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You're braver than you believe, stronger than you seem, and smarter than you think.

Christopher Robin



