



December 18, 2020

Thank you for helping us making the very best of 2020!! This has been a rocky year to say the least and we honestly couldn't have made it without you, your trust, and your support. My hope for each student and their family is to unplug, recharge, rest, and return to the new year more refreshed and ready to tackle any challenge we may face. Let's hope that most of our challenges are now in the rearview mirror and that a bit smoother sailing is ahead of us.

While we know some will completely unplug over break, we also know that others are clamoring for ideas to keep their child engaged and the mind active. To help with this Mr. McNiel and I have put together the following "Winter Break Activity Calendar" with hyperlinks to host of fun activities as well as enrichment activities. We hope you enjoy!

Winter Break Activity Calendar

No-Cost Winter Break Academic Bootcamps: We have been asked to make you aware of Numerade's FREE winter break boot camps for secondary students. Each of these camps are taught by top college professors and can help students review or get ahead in specific course subjects. <https://www.numerade.com/bootcamps/>



Below are some additional fun activities to keep you busy and learning new things if you are looking for something to do over break.

<p>Mon, Dec. 21</p> <p>Optional Activity for the morning: Stained Glass Paper Buntings for the window</p> <p>Directions Video</p> <p>Recipes Try making one of these recipes. Click the arrow above the picture to see all the recipes.</p>	<p>Tues, Dec. 22</p> <p>Take a Virtual Field Trip Choose ONE trip to take today</p> <p>How to: Use Chopsticks</p> <p>Make a Time Capsule</p>	<p>Wed, Dec. 23</p> <p>Learn how to draw pumpkin spice hot chocolate</p> <p>Directions Video</p> <p>Need ambient noise with virtual backgrounds? Try ASMR Channel, there are Harry Potter themed virtual rooms</p>	<p>Thurs, Dec. 24</p> <p>Optional Activity for the morning: How to Make a Sock Penguin</p> <p>Video</p> <p>Recipes Try making another one of these recipes. Click the arrow above the picture to see all the recipes.</p>	<p>Fri, Dec. 25</p> <p>Meet the Inventors Watch and listen to a few kids, teens, and their great ideas using the video links below</p> <p>Meet: Ashton Cofer Youth Inventor Kenneth Shinozuka Smart Product Inventor Richard Turere Inventor</p>
<p>Mon, Dec. 28</p> <p>Easy Penguin Corner Bookmark</p> <p>Directions</p> <p>Video</p>	<p>Tues, Dec. 29</p> <p>Take a Virtual Field Trip Choose ONE trip to take today</p> <p>How to: Say "Hi" in 15 different languages</p>	<p>Wed, Dec. 30</p> <p>More Fun Recipes: More Recipes to Try Click the arrow above the picture to see all the recipes.</p> <p>Think Like a Coder Video</p> <p>How to: Spin a basketball on your finger</p>	<p>Thurs, Dec. 31</p> <p>New Year's Eve Wishing Tree!</p> <p>Toilet Paper Tube Confetti Popper</p> <p>Make some Pizza Crescent roll ups!</p>	<p>Fri, Jan. 1</p> <p>Take a Virtual Field Trip Choose ONE trip to take today</p> <p>Dad, how do I..? YouTube Channel Practical "Dadvice" for everyday tasks</p>

Below are some of the things that have occurred around campus as well as some things to look forward to when we return from break:

Schedule Change Requests: Students received a link in this past Thursday's homeroom session to complete if they would like to request a second semester elective change. The window for elective change requests will remain open until January 7th and will be reminded again in their morning announcement slides on both January 4th and 7th. Only 7th and 8th graders can make this request for semester-long electives. Sixth graders are required to take all four quarters of their elective wheel. No requests will be accepted once the window closes, which is why we also want parents to be informed. Please also note that change requests can only happen based on space availability in our elective classes. Please also remember that health/fitness is a required course and cannot be removed. To assist this process, we are including the

link to the change request form here: [2nd Semester Elective Change Request Form](#). Counselors will review all the requests at one time on January 8th and will adjust schedules if possible. Students who receive a schedule change will be notified by their counselor.

Second Semester Materials Pick-Up/Drop-Off: Please mark your calendars for January 20th from 10:00am-4:00pm. Please note that students will be able to return any materials not needed from 1st semester and can pick up new materials for their second semester classes. We are working with Dorian Studios to offer make-up school photos as well, which will require sign-ups in advance. Stay tuned as more information will be coming in early January.

iReady Baseline #2: Leota will be conducting the second baseline assessment in both reading and math on January 7th and 8th during the first portion of each period. This benchmark data is invaluable to us as we use it as feedback to support your child through their educational journey. If at all possible, please have your child in attendance on these days via live Zoom. Those that cannot attend will be contacted by a staff member to set up a Zoom session the following week for make-up testing.

Stu Caba Virtual Assembly #2 – Save the Date: Stu is will be with us again on January 6th. You and your child will not want to miss it. The assembly will begin at 9:00 a.m. We will send out the link via email on January 5th. Please mark your calendars so you don't miss it. We hope to see you there!

Bell Schedule Change on Tuesday, January 19th and Tuesday, January 26th: Since there is no school Monday, January 18th in honor of Martin Luther King, Jr. Day and Tuesday, January 26th due to this being a grading day, we want to inform you in advance what the schedule will look like on both Tuesdays that follow. Please see the photo below. Students will attend all six periods on both days. More information will be coming as we get closer to these days, but wanted you to be able to mark your calendars now.

	Tuesdays January 19 & 26
7:30-8:30	Special Services Optional Flex Time
8:30-8:50	Homeroom in Period 1
8:50-9:25	Period 1
9:35-10:10	Period 2
10:30-11:05	Period 3
11:15-11:50	Period 4
11:50-12:55	Lunch
12:55-1:30	Period 5
1:40-2:15	Period 6
2:15-3:05	Open Office Hours
3:05-4:05	Special Services Optional Flex Time
	<i>Green = go to class on zoom</i>
	<i>Blue = office hours scheduled by student or teacher</i>

In closing I want to wish you a very Happy Holidays, a very Merry Christmas, and a safe and happy New Year.

Warmly,

Audee Gregor
Principal

Happy Friday to you! In this weekly bulletin, you will see:

- First Week of January at Leota
- Virtual Assembly
- Yearbooks are on sale
- Leota Middle School Virtual Winter Concert
- Holiday Assistance 2020 Community Resources
- Asistencia navideña 2020 Recursos comunitarios
- Leota's Counseling Newsletter
- Leota PTSA Weekly Update

Dec. 21-Jan. 1 Winter Break – School is Closed

First Week of January at Leota


Jan. 4	Periods 1, 2, 3
Jan. 5	Periods 4, 5, 6
Jan. 6	Period 4 (8:30-8:50am) Check-in & Students Complete Working Wednesday Plan Virtual Assembly – Stu Cabe 9:00-10:15am Early Release-School Day Ends at 1:35pm Zoom Social 12:55pm Library Book Check out 11-2pm
Jan. 7	Periods 1, 2, 3 IReady Math in Periods 1,2,3
Jan. 8	Periods 4, 5, 6 IReady Reading in Periods 1,2,3

All-School Virtual Assembly: On Wednesday, January 6th, 9:00-10:00 a.m.

We will have our second all-school assembly with Stu Cabe from The Ovation Company, the Ovation Company's website says the following about their mission: "We are The Ovation Company...standing up for what is right and good! We stand for the right to a positive school environment! We stand side by side with those who choose kindness! We stand for Working Hard, Playing Fair and Being Nice! We stand for those who struggle to stand on their own! We stand united in helping schools feel safe and welcoming!"

On Monday 1/4 and again on Wednesday 1/6, students will be given the Zoom link to join the Zoom Webinar for the event. It will run from 9:00-10:00 a.m. and your child will not want to miss it. Stu is entertaining, funny, and really hits home the importance of Doing your best, finish strong and how to navigate challenging times. We will have him back again in February. This Zoom will facilitate large whole school groups, so we encourage you to join with your child if you'd like to be a part of the excitement and learning.

Order Your YEARBOOK



Leota Yearbooks on Sale

We have extended the deadline to purchase a yearbook. You can purchase your student's Yearbook online through 12/24/20. The cost this year is \$20 and your student will be receiving their Yearbook in the Spring. If this is a financial hardship for your family at this time please let your student's counselor know, there is funding available. Please use this link to pay for your yearbook: [Online Payments](#).

Thank you and if you need help with your online Touchbase information please contact Mrs. Spencer @ 425 408 6503.



Leota Middle School Virtual Winter Concert

Leota Middle School Music Department presented the premier of our Virtual Winter Concert earlier this week. If you were unable to join us, the concert remains available for viewing at your leisure and can be accessed through this link: <https://youtu.be/SA-WpxDyzWw>



Holiday Assistance 2020 Community Resources

GIFTS: King County



Hopelink Holiday Gift Rooms – for ages birth through 18.

REDMOND LOCATION: 8990 154th Ave. NE, Redmond, 98052. (425) 869-6000

- To limit Coronavirus transmission in our community and support the safety of Hopelink staff, volunteers and clients, **we will not accept or distribute toys, clothing, or other physical gift donations this holiday season.** Instead, Hopelink is distributing gift cards to families buying gifts for their children.

Who can apply for a gift card?

To request a gift card, all these statements must apply to you.

- You are a current Hopelink client,
- You are the custodial parent or custodial guardian of at least one child 18 years old or younger, AND
- You have current income of less than 400% of the Federal Poverty Line, according the chart located [here](#), self-declared.
- <https://www.hopelink.org/need-help/holidaygiftcards>
- Fees: none



Helping Hands Ministries

- **Thrift Store:** 19213 Bothell-Everett Hwy. (425) 481-6682. Open 10-7
- Gently used and new clothing, toys, books, household items, furniture
- \$25 Gift Vouchers available through:
 - Northshore School District
 - Canyon Hills Community Church
22027 17th Ave SE, Bothell 98021, (425) 488-4121
 - North Creek Presbyterian Church *
621 164th SE, Mill Creek, 98012 (425) 743-2386
 - Northshore Community Church
10301 NE 145th St. Kirkland, 98034 (425) 821-5252

Cindy has vouchers if you would like some for your school.



Salvation Army Christmas Assistance – Toys for Tots

911 164th Ave NE Bellevue, 98008. (425) 452-7300. Select Admin on phone options

- Deadline to order 12/6/19
- Call location ahead to verify zip code and information that is needed
- Two toys per child – one big, one small
- Serving Bellevue, Bothell, Kirkland, Redmond, Woodinville zip codes
- Must be income eligible; have proof of children's ages; ID or social security for every member of household; proof of residency.

FOOD: King County



Hopelink - Kirkland/Northshore

11011 120th Ave NE, Kirkland, 98033 (425) 889-7880

- The food bank will continue to provide groceries at a clearly marked entry point in pre-packed boxes in order to limit exposure for clients, staff and volunteers.
- In response to the arrival of COVID-19 in our community, the following temporary changes have been put in place
- Each household will be able to pick up enough food for 21 meals per person.
- Bellevue, Kirkland, Redmond & Shoreline food banks are open:
Tuesdays | 12 - 4PM
Wednesday | 3 - 7PM
Thursday | 10AM - 2PM
- Sno-Valley food bank is open:
Wednesday | 3 - 7PM
Thursday | 10AM - 2PM
- If you need food assistance go to the link: <https://www.hopelink.org/need-help/food>:

GIFTS: SNOHOMISH COUNTY



Marine Toys for Tots

Toys for Tots c/o The Foundation Church 2730 Oakes Avenue Everett, WA 98201

- Must be a Snohomish County Resident
- Contact Mary Butler w/ questions: butterm39@yahoo.com
- Website to place your order: <https://everett-wa.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx>

FOOD: SNOHOMISH COUNTY



Saint Vincent De Paul North Sound Council Holiday Food Baskets

6424 Broadway Ave, Everett 98213.

Holiday food baskets for Christmas.

- Basket contents varies by location.
- Individuals, couples, and families living in Snohomish County
- Call intake line to sign up (425) 355-3504 Ext #1



Asistencia navideña 2020 Recursos comunitarios

REGALOS: Condado de King



Habitaciones de regalo de vacaciones Hopelink – para el nacimiento hasta los 18 años.
UBICACION DE REDMOND: 8990 154thth Ave. NE, Redmond, 98052. (425) 869-6000

- Para limitar la transmisión de Coronavirus en nuestra comunidad y apoyar la seguridad del personal, voluntarios y clientes de Hopelink, **no aceptaremos ni distribuiremos juguetes, ropa u otras donaciones de regalos físicos en esta temporada navideña.** En su lugar, Hopelink está distribuyendo tarjetas de regalo a las familias que compran regalos para sus hijos..

¿Quién puede solicitar una tarjeta de regalo?

Para solicitar una tarjeta de regalo, todos estos estados de cuenta deben aplicarse a usted.

- Usted es un cliente actual de Hopelink,
- Usted es el padre con custodia o tutor de custodia de al menos un niño de 18 años o menos, Y
- Usted tiene un ingreso actual de menos del 400% de la Línea Federal de Pobreza, de acuerdo con el gráfico ubicado [aquí](#), autodeclarado.
- <https://www.hopelink.org/need-help/holidaygiftcards>
- Tarifas: ninguna



Ayudar a los ministerios de manos

- **Thrift Store:** 19213 Bothell-Everett Hwy. (425) 481-6682. Abierto 10-7
- Ropa usada suavemente y nueva, juguetes, libros, artículos para el hogar, muebles
- Vales de regalo de \$25 disponibles a través de:
 - Distrito Escolar de Northshore
 - Iglesia comunitaria de Canyon Hills
22027 170th Ave SE, Bothell 98021, (425) 488-4121
 - Iglesia Presbiteriana de North Creek *
621 164th SE, Mill Creek, 98012 (425) 743-2386
 - Iglesia comunitaria de Northshore
10301 NE 145th St. Kirkland, 98034 (425) 821-5252

Cindy tiene vales si quieres algunos para tu escuela.



Asistencia de Navidad del Ejército de Salvación – Juguetes para Tots
911 164thth Ave NE Bellevue, 98008. (425) 452-7300. Seleccione Administrador en las opciones del teléfono

- Fecha límite para el pedido 12/6/19
- Llame a la ubicación con anticipación para verificar el código postal y la información que se necesita
- Dos juguetes por niño: uno grande y otro pequeño
- Servir a Los códigos postales de Bellevue, Bothell, Kirkland, Redmond, Woodinville

- Debe ser elegible para ingresos; prueba de la edad de los niños; Identificación social o seguridad social para cada miembro del hogar; prueba de residencia.

ALIMENTOS: Condado de King



Hopelink – Kirkland/Northshore

11011 120th Ave NE, Kirkland, 98033 (425) 889-7880

- **El banco de alimentos continuará proporcionando comestibles en un punto de entrada claramente marcado en cajas preenvasadas con el fin de limitar la exposición de clientes, personal y voluntarios.**
- **En respuesta a la llegada de COVID-19 a nuestra comunidad, se han puesto en marcha los siguientes cambios temporales**
- Cada hogar podrá recoger suficiente comida para 21 comidas por persona.
- Los bancos de alimentos Bellevue, Kirkland, Redmond & Shoreline están abiertos: Martes 12 - 4PM Wednesday 3 - 7PM Thursday 10AM - 2PM
- El banco de alimentos Sno-Valley está abierto: Miércoles 3 - 7PM Thursday 10AM - 2PM
- Si necesita asistencia alimentaria vaya al enlace: <https://www.hopelink.org/need-help/food>:

REGALOS: CONDADO DE SNOHOMISH



Juguetes marinos para tots

Juguetes para Tots c/o The Foundation Church 2730 Oakes Avenue Everett, WA 98201

- Debe ser un residente del condado de Snohomish
- Contactar con Mary Butler con preguntas: butlern39@yahoo.com
- Sitio web para realizar su pedido: <https://everett-wa.toysfortots.org/local-coordinator-sites/lco-sites/local-toy-request-single-form.aspx>

ALIMENTOS: CONDADO DE SNOHOMISH



Cestas de comida navideña del Consejo de Sonido de San Vicente De Paul Norte

6424 Broadway Ave, Everett 98213.

Cestas de comida navideña para Navidad.

- El contenido de la cesta varía según la ubicación.
- Individuos, parejas y familias que viven en el Condado de Snohomish
- Línea de admisión de llamadas para inscribirse (425) 355-3504 Ext #1



Leota Middle School Counseling

December Newsletter 2020

We hope you were all able to relax and connect with family and friends during the 4-day Thanksgiving break. While we know it was very different for most of us (and quite cold if you gathered outside!), we hope everyone still found ways to connect. As we move through these last three weeks before winter break, we offer this gentle reminder to give grace and patience, not only to yourself, but to family members and those around you as well. The holiday break can be exciting for many students, but it can also be a difficult time for others. This year will likely be very different for all of us. We encourage everyone (including ourselves!) to extend a little extra slack, to allow a little more time to connect on the phone (even though many of us don't like all of the phone time - it is the main form of connection for most students right now), and to prioritize family connection time. This can be as simple as dinner together a couple times a week. While students may act like they don't like it, they truly want and need the connection.



In this issue:

1. **Tips for coping during Covid (students and adults)**
2. **Covid's effect on teens, parent information**
3. **International Days Celebrated in December**
4. **Holiday fun during Covid**



Tips for Coping During Coronavirus as we head into winter and winter break

- Parents, you matter! This article explains how important it is for parents/guardians to take care of themselves as much as possible: <https://childmind.org/article/self-care-in-the-time-of-coronavirus/>
- Tips for Supporting your Teen/Tween: <https://childmind.org/article/supporting-teenagers-and-young-adults-during-the-coronavirus-crisis/>



Helpful Information for Parents/Guardians and Loved Ones to Know

Online school is working well for some, but is hard for most students. As we move into the winter months and toward our extended winter break, students may feel more stressed. Below is some helpful information from Far West Counseling (<http://www.farwestfamilyservices.com/community-resources.html>). This information is very helpful to remind all of us what it may feel like for our child(ren) right now.

1. Kids are drowning in homework. It feels like much more than they received in the past.
2. Organizing their homework is hard. They need executive function skills, which many kids have not developed yet. Many kids are falling behind because of difficulties keeping track of their work, planning their projects, and turning in completed assignments remotely. This is a big source of stress. *If this is a struggle, please encourage your student to attend their teacher's office hours and/or reach out to their counselor.*
3. Many teens feel isolated and withdrawn. Fear of rejection and lack of emotional energy make it difficult to reach out and connect with friends. Parents can help their kids plan some physically distanced contact with friends or relatives.
4. Teens need to hear from adults that they are cared for; that includes parents, teachers, family friends, and other relatives. *I love you, a pat on the shoulder, or a hug can make a huge difference in their day (even if they groan!).*
5. Teens need family outings—hikes in the woods, trips to the beach, and visits to friends or family who have been practicing safety measures. Variations in activity and scenery will help break up the tedium of online school.
6. Kids need parents to listen to them without judgement, to talk about their worries and disappointments—no school musical, no school sports, etc. Don't try to problem-solve; just be sad with your child. They just need to know you care.
7. Teens need a break from the stress and chaos of COVID-19, the election, online learning, and social challenges. Create a safe and nurturing environment in your home, and try to keep family stress under control. Allow your kids to do some isolating in their rooms. *Alone time in their room is very common and appropriate at this age.*

8. If your kids are overly stressed or depressed, they need you to speak up and offer to get them counseling. Talking to another adult can help them sort out their problems and learn some helpful tools. Your kids need you to recognize the signs of depression and suicide and when to get help. <https://stopasuicide.org>. *You can always reach out to your student's counselor to get recommendations and referrals.*
9. Teens need and want your appreciation for the hard work they are doing in adjusting to online school, trying to complete assignments, and continuing to take safety precautions around COVID-19. It might not always look that way to you.
10. Most of all, your kids need your support, not your criticism. They know they are responsible for completing their schoolwork. We adults can support them in doing this by reminding students of their capabilities and their value to their family and community. *Five positives for every one negative can make a huge difference!*

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Interesting facts about days observed in December

International Day of Persons with Disabilities is December 3

(<https://www.un.org/en/observances/day-of-persons-with-disabilities>)

The annual observance of the International Day of Disabled Persons was proclaimed in 1992 by United Nations General Assembly resolution 47/3. It aims to promote the rights and well-being of persons with disabilities in all spheres of society and development, and to increase awareness of the situation of persons with disabilities in every aspect of political, social, economic and cultural life.

- Of the one billion population of persons with disabilities, 80% live in developing countries.
- An estimated 46% of older people aged 60 years and over are people with disabilities.
- One in every five women is likely to experience disability in her life, while one in every ten children is a child with a disability.

This is an educational and encouraging video by a boy with disabilities:

<https://youtu.be/ccIAqPjwKcY>

International Day of Volunteering is December 5

(<https://www.un.org/en/observances/volunteer-day>)

Over the last months, as the COVID-19 pandemic has ravaged across the world, volunteers have been at the forefront of medical, community and societal responses. Headlines in the world's media have paid credit to volunteers for all kinds of work, from helping to provide medical care, to shopping for vulnerable neighbours, or checking up on elderly people living alone.

- This is a really good article about ways to help during covid:
<https://www.adventhealth.com/blog/10-safe-ways-give-back-during-holidays>

Human Rights Day is December 10 (<https://www.un.org/en/observances/human-rights-day>)

Human Rights Day is observed every year on 10 December — the day the United Nations General Assembly adopted, in 1948, the Universal Declaration of Human Rights (UDHR): a milestone document proclaiming the inalienable rights which everyone is inherently entitled to as a human being regardless of race, colour, religion, sex, language, political or other opinion, national or social origin, property, birth or other status. Available in more than 500 languages, it is the most translated document in the world.

- Youth can play a crucial role in positive change (you're never too young to change the world!)
- Human rights are relevant to all of us, every day
- Equality, justice and freedom prevent violence and sustain peace
- We need to stand up for our rights and the rights of others



Things to do at home during winter break

- Load up a cup of cocoa with whipped cream or marshmallows
- Take a wintry hike
- Build a gingerbread house
- Cut paper snowflakes
- Make a birdfeeder out of pinecones, peanut butter, and birdseed—and place it near your window for a show
- Bake cookies to share with your friends and neighbors
- Drop off flowers on someone's porch
- Build a pillow fort
- Enjoy a living room picnic
- Host a movie marathon of all your favorites
- Eat dinner by candlelight
- Plan a virtual game night

We wish you all a wonderful holiday! Please reach out to your student's counselor if you need assistance. If you or someone you know needs immediate support outside of school hours, please contact one of the following:

- Call Teen Link: 206-461-4922, 6:00-10:00 pm nightly, staffed by teens
- Text Teen Link: 866-833-6546, 6pm-9:30pm
- 24-hour Crisis Line: 1-866-427-4747, to speak with an adult crisis expert
- National suicide prevention crisis line: 1-800-273-TALK (8255)
- Dial 911 if you have an emergency and need help



Happy Holidays,
The LMS Counseling Team



Angela Waggoner (Tuesday - Friday)
6th Grade (A-L)
awaggoner@nsd.org
425.408.6520



James Kim
(Monday - Wednesday)
6th Grade (M-Z)
jkim@nsd.org
425.408.6588



Taryn Bakkane
7th Grade
tbakkane@nsd.org
425.408.6513



Erin Palmer
8th Grade
epalmer@nsd.org
425.408.6521

Leota Office Contact Info

Office Manager :	Felicia Casolary: fcasolary@nsd.org
ASB Secretary:	Melanie Spencer: mspencer@nsd.org
Attendance Secretaries:	Barb Roetcisoender: broetcisoender@nsd.org ; Patricia Bong: pbong@nsd.org
Attendance Email:	Lmsattendance@nsd.org
School Registrar:	Mary Hayes: mhayes@nsd.org
School Nurse:	Deb Park: dpark@nsd.org
Principal:	Audee Gregor: agregor@nsd.org
Assistant Principal:	Bryan McNiell: bmcniell@nsd.org

LEOTA PTSA Weekly Update



Upcoming Events

01/15	Take the Remote Learning and Return to School Survey. We want to hear from you. bit.ly/PTSAReturnToSchoolFeedback
01/18	WSPTA Focus Day: Parents and students can meet their legislators.
	Contact for Staff Appreciation: staffappreciation@leotaptsa.com
	Contact for Science Olympiad Club: scienceolympiad@leotaptsa.com
	Contact for Math Olympiad Club: matholympiad@leotaptsa.com . Go to www.leotaptsa.com to sign up for communications and register for upcoming competitions.
	Contact the PTSA board: contact@leotaptsa.com

PTSA Mission: Make Every Child's Potential A Reality!

Science Olympiad: Thank you and Season Announcement



**EXPLORE THE DYNAMIC
WORLD OF STEM!**

**JOIN OUR CLUB, & DIVE
INTO TOPICS SUCH AS:**

- **GEOLOGY**
- **CHEMISTRY**
- **ENGINEERING**
- **TECHNOLOGY**

**FOR MORE INFO EMAIL:
SCIENCEOLYMPIAD@LEOTAP TSA.COM**

SCIENCE OLYMPIAD CLUB

This year Leota will not be competing in the National Science Olympiad competition. While the Science Olympiad Board is working on developing a hybrid format for the tournaments, the lack of certainty at this point will be a burden to plan out. As a result, Leota will sit out of the competition this year.

Still, I would like to support our Leota students who wish to learn about the Science Olympiad topics and spend time in doing the research and projects for fun. Students wanting to explore are encouraged to go to <https://www.soinc.org/> and check out each of the topics. If anyone needs any assistance or brain-storming ideas, then they can email me at scienceolympiad@leotaptsa.com.

In addition, it is my last year here at Leota and I would love for the SO Club to continue next year. This club is 100% dependent on parent volunteers and without a volunteer next year, students will not have a chance to participate. If you would like to support the club going forward then please reach out to me, I would be more than happy to transfer all my learnings and help you get setup for next year.

Thank you to those that participated in Reflections

Thank you to all those who participated in the 2020-2021 National PTA Reflections Program. The theme "I Matter Because..." was open to all students K-12.

The Leota Middle School PTSA is proud to announce the students whose artwork will be heading from the school level to the Northshore Council PTSA level:



- | | |
|---------------------------------|--------------------|
| ★ Aadit A. (7th) | ★ Alex Z. (7th) |
| ★ Anvitha S. (8 th) | ★ Divyata B. (6th) |
| ★ Hope V. (6th) | ★ Julien W. (6th) |
| ★ Mikaela H. (6th) | ★ Ronan F. (6th) |
| ★ Shriya P. (8th) | |

If you participated be on the lookout for an email on how to retrieve your participation certificate within the next week.

Thank you wonderful artists and good luck to those moving forward! Contact your Reflections Co-Chairs at reflections@leotapta.com if you have any questions.

Your PTSA Advocates for ALL Kids!

Advocacy is at the heart of Leota PTSA!

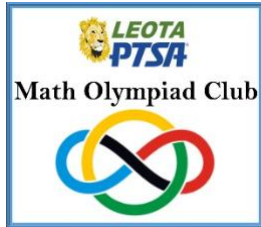
- ✓ Mark your calendar for the upcoming *virtual* PTA Focus Day on January 18th, 2021. This event is a great opportunity for parents and students to directly speak to legislators!
- ✓ Sign up for advocacy information and action alerts through the [WSPTA Action Network Group](#). These action alerts are quick, easy ways to communicate with our legislators on topics they are actively working on.
- ✓ Visit our [Leota PTSA Advocacy webpage](#) to find more resources and learn about additional ways to get involved.

Advocacy at the District and State Levels

Attend a School Board Meeting! usually held on the second Monday of the month at 4pm and the fourth Monday at 7pm. [Click here for more info.](#)

Contact your state legislators: Find and contact your local Washington State Legislators at <https://app.leg.wa.gov/DistrictFinder/>

Math Olympiad Club: Sign Up



We have heard from you that MATH/ STEM-related enrichment is high on the wish list; We heard from you that your student is enthusiastic about Math, Math puzzles, Math problems and Applied Math scenario analysis - so here at Leota PTSA is excited to offer you with all of these opportunities.

The Math Club program is a **free** school-wide math enrichment program for middle school students, consisting of a series of challenging and interesting math problems provided to you. The purpose of this program is to engage and challenge students to solve interesting math problems, strengthening their math fundamentals, critical thinking and problem-solving skills - improving their confidence along the way.

What can you expect: We send emails about Math problems, News about Math, Share Math Articles and of course share information on upcoming Math Olympiads.

These opportunities cover problem solving strategies such as drawing a picture or model, making an organized list, looking for patterns, working backwards, and guess and check.

NEW PRACTICE SESSIONS STARTING SOON: We plan to start practice sessions for Math Olympiad preparations. More details will be communicated to parents who have signed up to receive communications from the Math club. If you haven't already, then sign up for communication using the link below.

[Club Info and FAQ](#)

[Sign Up for Communications](#)

[Register for Upcoming Competitions](#)

Make your volunteers hours count!

Did You Know Your Company May Donate When You Volunteer?

Many companies will donate for hours volunteered in addition to matching financial donations. Please check with your company to see if you have a dollars for doers or similar volunteer hours matching program and take a few minutes to register your hours towards a Leota Middle School PTSA donation.

Amazon Smile is Also A Great Way to Donate

Visit <https://smile.amazon.com/> all year long, every time you are making purchases with Amazon. Whenever a purchase is made with Leota PTSA as the beneficiary, Amazon will send us a donation. Be sure to select Leota PTSA as your beneficiary.

Join the Leota PTSA Volunteer and Info Facebook Group

Join our Leota PTSA Volunteers and Info closed Facebook group if you would like to hear more about volunteer opportunities:

<https://www.facebook.com/groups/LeotaPTSAVolunteers/>.

There is no requirement to volunteer. By joining, we hope you feel part of the Leota parent community and are better informed about what is happening at our school.



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2020-21 HERO SPONSORS (\$350 - \$499)

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Thank You for Your Kindness